

Research on the Cultivation of Contemporary College Students ' Volunteer Service Spirit

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Abstract

Youth is wonderful because of dedication and life is sublimated by struggle. The spirit of volunteer service is closely integrated with the development of college students, which is conducive to the all-round development of college students, the promotion of socialist core values, and the realization of the Chinese dream. However, there are still some problems in the practice of college students ' volunteer service spirit. Through the analysis of the problems, the path of improving college students ' volunteer service spirit is given, and the timeliness of college students ' volunteer service spirit is improved.

Keywords

College Students; Volunteer Service; Cultivation Path.

1. Connotation of volunteer service spirit

The spirit of volunteer service includes the core elements of dedication, friendship, mutual assistance and progress, which is a lofty spiritual pursuit and value orientation. Inspired by the spirit of volunteerism, people, especially contemporary college students, actively contribute their youthful talents to social development.

'Dedication ' is a kind of value pursuit and noble moral belief for volunteers to serve the society without seeking return in the practice of volunteer service. It is a way to realize the value of life beyond the material category. ' Dedication ' is a kind of selfless love. It plays a huge role in enriching the material and spiritual wealth of our society and is a valuable spiritual wealth.

The " friendship " of volunteer service refers to the fact that volunteers can be friendly and respect each other in the practice of volunteer service. Only by actively practicing the profound connotation of " friendship " in volunteer service activities can the volunteer service objects feel the humanistic care given.

Marx and Engels once pointed out that ' man is the sum of all social relations, and social life is essentially practical. '[1]Mutual assistance ' is an inevitable requirement for the development of individual social relations to human social relations. Only when people help each other in the process of communication can they solve problems and move forward. All in all, the spirit of ' mutual aid ' can really awaken the charity and benevolence of the members of the society, so that they can better persevere in contributing to the whole society.[2]

The ' progress ' in the spirit of voluntary service presents an optimistic and enterprising spirit. It has two meanings. One is to help volunteers improve their awareness of volunteer service by participating in volunteer service practice activities, and then promote the healthy development of social civilization. The second layer is that volunteers realize their own social value by helping others in the process of volunteer service activities. China 's socialist modernization in the new era contains a clear direction of personal progress, social progress, national progress and human common progress. As a volunteer, if you want to comply with the requirements of the development of the times in volunteer service activities, you should combine your own actual situation, consciously integrate the ' little self ' into the ' big self ', give

full play to your own advantages, actively participate in modernization, and constantly carry forward the ' progressive ' spirit of volunteer service and contribute your own youth strength. The spirit of volunteer service is a kind of value. It emphasizes the individual ' s responsibility to the society and guides people to establish a sense of social responsibility by participating in volunteer service activities, so as to create a more harmonious and loving social environment and contribute their own strength to social progress.

2. The significance of the cultivation of college students ' volunteer service spirit

2.1. It is conducive to promoting the all-round development of college students

The spirit of volunteer service helps to promote the all-round development of college students. " To strengthen the sense of social responsibility and dedication, " and pointed out that " the youth is the country, the youth is strong, the country is strong. "[3]First of all, the cultivation of volunteer service spirit helps to improve the social responsibility of college students, so that the majority of young college students remember their own mission and social responsibility, so that college students have a sense of social mission. The development of young college students, the quality and ability of young college students have a huge impact on social progress and national development. The cultivation of volunteer service spirit for college students can not only let young college students understand and deeply grasp the profound connotation of volunteer service spirit, but also mobilize college students to actively participate in school and social volunteer activities, practice service consciousness in practical activities, and strengthen social responsibility. For example, in order to cultivate students ' awareness of voluntary service, colleges and universities have held voluntary service activities such as three rural social practices, online cloud support education, college students ' love for the elderly, and care for left-behind children, so that college students can feel happy while helping others and bring a sense of gain to themselves. Secondly, cultivating college students ' volunteer service spirit is helpful to form the values of dedication and enhance the sense of service. The cultivation of college students ' volunteer service spirit in the new era is not only a simple theoretical preaching, but also requires the majority of young college students to actively participate in social volunteer service activities and hone their will quality in practice. Carrying out the cultivation of volunteer service spirit for college students is helpful to improve the comprehensive quality of college students and improve their moral quality. In the process of volunteer service practice, through their own efforts, college students can not only solve problems for others, but also enable college students to be spiritually satisfied, so as to enhance college students ' ideological awareness, enhance their spiritual realm, and promote college students ' personality. Perfect, truly become a talent with all-round development of morality, intelligence, physical fitness, beauty and labor, and suitable for the needs of the times. In addition, it also helps to improve the ability and quality of college students. The cultivation of the spirit of voluntary service allows college students to feel personally in practice through practical activities. Through practical experience, they can continuously increase their true talents, gain skills in learning and life, help themselves to improve in an all-round way, and better adapt to the needs of society. College students ' theoretical knowledge and life practice in school are different. Through volunteer service practice, they can find problems, solve problems, and apply their knowledge to practice.

2.2. Conducive to promoting social progress

The spirit of voluntary service is in line with the excellent traditional Chinese culture and is in line with the core values of socialism. Voluntary service is an important manifestation of the progress of social spiritual civilization. The Chinese nation has an excellent cultural tradition of

helping others. With the help of volunteer service practice, we can create a social atmosphere of 'dedication, love, mutual assistance and progress', and pass on these spirits to college students, so as to enhance college students' sense of identity, acquisition and belonging to Chinese excellent traditional culture, and improve their cultural literacy. Carrying out the spirit of volunteer service is helpful to carry forward the excellent traditional culture and the socialist core values. First, carrying out volunteer service practice activities can promote social equity and justice. In the service activities, college student volunteers pay more attention to the vulnerable groups in the society, care about the hot topics of the society, and contribute to improving the social status through their own practical actions and efforts. For example, in the field of education, college student volunteers combine their professional knowledge to enable more children to receive education through support education, loving classrooms and other forms, which solves the problem of uneven distribution of educational resources to a certain extent and effectively promotes the realization of social equity and justice. Secondly, carrying out volunteer service practice activities can promote social progress and innovation. College student volunteers have a high sense of responsibility and mission. They dare to challenge and innovate in volunteer activities, providing a steady stream of power for social progress. With the development of society, social problems are becoming more and more complex and diverse, and more young people with a sense of social responsibility and mission are needed to participate in social construction. By participating in volunteer service, college students can cultivate their awareness of social participation, stimulate their attention and enthusiasm for social development, and cultivate their ability to actively participate in social affairs. Volunteer service is not only an important way for college students to achieve self-growth, but also an important way for them to participate in social construction and promote social progress. Third, carrying out volunteer service practice activities can strengthen social cohesion and identity. In the process of volunteer service, college students need to communicate and cooperate with people with different backgrounds and different needs, which helps to cultivate college students' communication ability, teamwork ability and leadership ability. At the same time, volunteer service can also broaden the horizons of college students, increase their understanding of society, and promote their personal growth and development. At the same time, volunteers have enhanced their sense of identity and belonging to the society by serving the society, which is conducive to building a harmonious society.

2.3. It is conducive to promoting the implementation of the fundamental task of moral education in colleges and universities

The report of the 20th National Congress of the Communist Party of China pointed out that 'the foundation of educating people lies in morality. Fully implement the party's education policy, implement the fundamental task of cultivating people by virtue, and cultivate socialist builders and successors with all-round development of morality, intelligence, physique, beauty and labor.'^[4]Voluntary service is an important carrier for colleges and universities to strengthen and improve practical education. Colleges and universities can use various forms of voluntary service activities as the carrier to integrate the spirit of voluntary service into daily education, so as to promote college students to externalize the spirit of voluntary service and internalize it in their hearts, innovate the ideological and political guidance of college students, explore the long-term mechanism of voluntary service in the new era, further strengthen students' service awareness and practical ability and enhance the effectiveness of voluntary service.

The cultivation of volunteer service spirit can make college students highlight their responsibility and spiritual pursuit in the process of practice and volunteer education, and better grow into a good youth in the new era with ideals, courage, hardship and willingness to struggle. The cultivation of college students' volunteerism can not only help college students exercise themselves and improve their ideological and moral standards, but also enrich the

content of ideological and political education, improve the effectiveness of ideological and political education in colleges and universities, and better implement the fundamental task of moral education.

3. The practical path of cultivating college students ' volunteer service spirit

3.1. Strengthen the self-cultivation of college students ' volunteer service spirit

In Marx 's view: ' the essence of man is not an abstract thing inherent in a single person, in its reality, it is the sum of all social relations. ^[5]As ' the existence of special social relations ', people in society must deal with the relationship between themselves and others, and the relationship between themselves and society. Volunteerism reflects the basic principles and guiding ideology of people 's dealing with these relationships. ^[6]On the one hand, college students should strengthen the theoretical knowledge of the spirit of voluntary service. Ideological and political course is one of the ways for college students to learn the spirit of voluntary service. College students should strictly restrain themselves in both professional courses and public courses. They should earnestly attend every class, establish correct values, raise good moral quality, and constantly improve their ideological consciousness and political quality. A better knowledge reserve and moral quality to fully and profoundly understand the essence and rich connotation of the spirit of voluntary service, and devote themselves to voluntary service activities with a positive attitude. On the other hand, college students in the new era should pay attention to self-education at the practical level of volunteer service. On the basis of learning their own professional knowledge, they should actively participate in volunteer service activities, establish a sense of service, actively learn from excellent teachers and classmates around them, play a role model, actively communicate with classmates in volunteer service activities, and then deepen the deep understanding of volunteer service.

3.2. Create an atmosphere for the cultivation of college students ' volunteer service spirit

First, gather social forces to create a coordinated development model. Cultivating and practicing volunteerism is inseparable from the joint support of the government, social organizations and universities. Therefore, it is necessary to explore the establishment of a collaborative development model led by universities and jointly participated by the government and social organizations, so as to enhance and strengthen the enthusiasm and external driving force of students to participate in volunteer service. The government should introduce relevant policies to guide and support college students to participate in voluntary service, and provide strong support for the sustainable development of voluntary service by setting up special funds for voluntary service. Social organizations can establish long-term cooperative relations with colleges and universities, and guide college students to participate widely by providing volunteer service posts and establishing volunteer service bases. Colleges and universities should establish and improve the specific system of recruitment, training, guarantee and praise of students ' volunteer service according to the actual situation of the school, and rely on the existing organizations and associations to integrate and optimize the volunteer service activities and make overall arrangements.

Second, innovate the form of volunteer service activities and strengthen the effect of practical education. At present, there are many problems in college students' volunteer service activities, such as single form, simple content and lack of innovation, which makes it difficult for college students to really improve themselves in volunteer service activities, which leads to the low enthusiasm of participating in volunteer service. colleges and universities should play the main role, actively innovate the form of volunteer service activities, launch high-quality professional

volunteer service activities in combination with the advantages of colleges and universities and the local actual situation and regularly carry out professional training with social organizations to help college students develop in an all-round way.

Third, improve the relevant institutional system and optimize the volunteer service environment. First, it is necessary to improve the relevant supervision and feedback mechanism. Universities and social organizations can use various online and offline platforms to supervise and evaluate college students' volunteer service activities throughout the process, respond to and deal with problems in the activities in a timely manner, and carry out normalized innovation of volunteer service activities. The second is to establish a voluntary service incentive mechanism, taking the actual needs of college students as the starting point, scientifically and rationally formulating an incentive mechanism, and using multi-level reward forms to achieve a combination of spiritual incentives and material incentives; The third is to improve the volunteer service guarantee mechanism. It is necessary to clarify the rights and obligations of volunteers, and to require all kinds of volunteer organizations to sign volunteer service agreements with volunteers to protect the rights and interests of college student volunteers from multiple dimensions.

3.3. Voluntary service activities organized by the university system

First, pay attention to the integration of college students' volunteer service spirit into classroom teaching. School education and curriculum setting is an important way to cultivate college students' volunteer service spirit, which plays a vital role in cultivating college students' volunteer service spirit. The school is the main growth place for college students. Through education and curriculum setting, students can be guided to establish a correct concept of volunteer service and cultivate their sense of social responsibility and dedication. First of all, schools should incorporate volunteer service into the curriculum. By offering relevant volunteer service theory courses and practical courses, students can systematically learn the relevant knowledge and skills of volunteer service, understand the significance and purpose of volunteer service, and cultivate the awareness and ability of volunteer service. At the same time, schools can also organize students to participate in various volunteer service activities, so that they can feel the joy of dedication and service in practice, and enhance their sense of social responsibility and mission. Secondly, schools should pay attention to the ideological education of students. In addition to classroom teaching, schools can strengthen the ideological guidance of students and guide them to establish a correct outlook on life and values through rich and colorful ideological and political education activities. Volunteer service is a noble social behavior. Schools can stimulate students' enthusiasm for participation by publicizing the advanced deeds of volunteer service, so that they can realize the importance of volunteer service to society and stimulate their dedication. Again, the school should also establish a sound volunteer service organization mechanism. Schools can set up special volunteer service organizations or departments, which are responsible for organizing, coordinating and managing students' volunteer service activities, and providing the resources and support needed for volunteer service. Volunteer service organizations can formulate detailed volunteer service plans and programs, clarify the tasks and responsibilities of volunteers, and ensure the smooth development of volunteer service activities. At the same time, volunteer service organizations can also establish volunteer service files, record the service time and service content of volunteers, and provide a basis for the performance evaluation of volunteers. Finally, schools should strengthen the supervision and evaluation of volunteer service activities. Schools can set up special supervision institutions or committees to supervise the whole process of volunteer service activities, so as to find and solve problems in time. At the same time, schools can also regularly evaluate volunteer service activities, sum up experience, improve work, and improve the quality and efficiency of volunteer service activities.

Second, strengthen college students' volunteer service spirit in social practice. The knowledge and skills that college students learn from the classroom must be applied and implemented in order to externalize cognition into action. Social practice is one of the important ways to cultivate college students' volunteer service spirit.^[7]By participating in various social practice activities, college students can get in touch with all aspects of society, increase their knowledge, and enhance their sense of social responsibility and mission. In social practice, college students can combine their professional knowledge and skills to contribute their own strength to social development, and at the same time improve their comprehensive quality and ability. First of all, social practice can help college students enhance their sense of social responsibility. In social practice, college students will be directly exposed to various problems and challenges in society, and deeply realize their responsibilities as a member of society. Through personally participating in social practice projects, college students can experience the impact of their behaviors and choices on society, thus arousing their sense of social responsibility and mission. Secondly, social practice helps to improve college students' practical ability and innovation ability. In social practice projects, college students need to use the knowledge and skills they have learned in the classroom to solve practical problems and achieve task goals. This practical learning method can not only deepen the understanding and mastery of knowledge, but also cultivate college students' innovative thinking and problem-solving ability, and improve their comprehensive quality and competitiveness.

Third, build a university volunteer service system. Colleges and universities should lead young students to take part in volunteer service as an important carrier and effective way to build a volunteer service system, guide young students to consciously inherit and carry forward Lei Feng spirit, take the initiative to integrate personal pursuit into the struggle for the cause of the party and the people, and gather great strength for comprehensively promoting the great rejuvenation of the Chinese nation with Chinese modernization. First of all, multi-line connection, consolidate the organizational system. One is the upper and lower linkage. Establish a youth volunteer association specifically guided by the school Youth League Committee, and set up a youth volunteer action guidance center and a department youth volunteer branch. The second is comprehensive coverage. Build a characteristic volunteer service team and a public welfare student association oriented by discipline advantages and focusing on social welfare, and set up a labor committee and a volunteer service committee in the class league branch. Third, multi-party collaboration. We will build a joint working mechanism for the Communist Youth League organizations at the school and local levels, implement the "college students' community attachment" plan, select outstanding young students to go to the streets, and serve as deputy secretaries of the Communist Youth League organizations in the community. We will form a long-term partnership with the communities around the school, establish a youth volunteer service practice base, and promote the positive interaction between practical education and local service. Secondly, accurately empower and improve the curriculum system. Establish and improve the volunteer service training system for college students, take ideological and political guidance as the guide, and take curriculum training as the starting point to effectively improve the volunteer service ability. First, adhere to ideological guidance. Combined with the theme education practice, we will carry out ideal and belief education and patriotism education, and guide young volunteers to deeply understand the spiritual connotation of "volunteer service should go hand in hand with the two centenary goals." We will vigorously promote the volunteer spirit of 'dedication, friendship, mutual assistance and progress', and guide young students to cultivate the cultural heritage of 'knowledge without central authority and love without borders' in the practice of volunteer service. Second, set up professional courses. Promote the integration of volunteer service into the curriculum system, set up elective courses for general education, and set up professional courses such as online open courses for volunteer service. Third, strengthen training guidance.

Held a special seminar on volunteer service work, and organized group cadres and student backbones of the Youth Volunteers Association to conduct regular discussions. Encourage and guide full-time teachers and counselors to participate in the guidance of volunteer service practice, establish a school-level volunteer service expert talent pool, and provide intellectual support for the development of volunteer service. Again, strengthen incentives and improve the security system. Improve the incentive and guarantee mechanism combining spiritual incentive and material incentive, mobilize the enthusiasm and initiative of volunteers to the greatest extent, and effectively promote young volunteers to complete various voluntary tasks smoothly, with high quality and high efficiency. First, strengthen institutional incentives. Print and issue relevant documents to standardize organizational management, duration identification and incentive feedback. The annual volunteer service duration of young college students is taken as an important part of the selection of awards and awards, and is included in the scope of practical hours of compulsory courses in labor education. Second, strengthen the demonstration drive. Give full play to the leading role of advanced models, carry out volunteer service selection activities, and focus on recognizing a group of advanced individuals and advanced collectives of volunteer service, so that excellent volunteers can become campus stars. Third, strengthen material security. Strengthen the guarantee of conditions such as funds and insurance for volunteer service activities, set up special funds for student volunteer service work, purchase corresponding personal accident injury insurance for volunteers, and provide subsidies for meals, transportation and so on. Launch volunteer clothing, gifts and cultural and creative products that are deeply loved by young people, launch a volunteer service integral mall, volunteers can convert cultural and creative products according to the length of service.

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