

# The Significance of Teaching Children's Picture Books Based on "Five Senses Experience"

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## Abstract

With the rapid development of technology, children's reading media also have different carriers, from the initial hand-drawn books to the current smart phones and tablet computers. The traditional reading medium is no longer enough for most families, and children's picture books should also be integrated into more creative thinking, to bring children a more comprehensive experience. This paper explores the possibilities of teaching children picture books based on the "five senses of experience", which include visual, auditory, tactile, olfactory, and taste sensations.

## Keywords

Five Senses Experience, Children's Picture Books, Art Education.

## 1. Introduction

Picture book education in China has now become an important form of education for children. Illustrated books were originally presented in the form of illustrations, and although these illustrations have some ability to narrate a story, they do not really tell the story from a child's standpoint. Nowadays, children's education is crucial, and children's art education is not only for children to learn to draw, but most importantly, to stimulate children's inner nature through these visual media, to cultivate their all-round comprehensive qualities from It is important to use these visual media to stimulate children's inner nature, to develop a holistic approach, to stimulate their curiosity and drive from "sensory experience", and to promote their language, intelligence, and mobility. At the same time, teachers should also design interesting teaching classes based on different picture books to promote emotional communication between teachers and children.

## 2. What are the "five senses"?

It is written in "The Sense of Communication" that the senses of sight, touch, smell and hearing can be connected to each other, and can perceive that colors are warm, sour, sweet, bitter, spicy and salty; that sounds are warm and cold, that weight is perceived, that taste is perceived and so on. The five senses are the source of vitality, the only way to open the five senses to feel the connection between nature and the universe, the child through the five senses and access to knowledge of the outside world, and good children's picture book design should also follow the experience of children's five senses, first of all, its bright and beautiful colors to stimulate children's visual perception, followed by the book processing to let children experience different texture to produce a unique tactile effect, rich imagination and innovation Let children in reading picture books can be immersive, feel the story in the picture books, five senses in the process of child growth has a role that should not be underestimated, can promote the development and growth of children more healthy.

### 3. The Main Content of Children's Picture Books

Nowadays, children are no longer limited to the traditional teaching methods, and more attention is paid to the overall development of children, and art teaching is no longer just to teach children basic drawing techniques, but also to pay more attention to children's thinking agility, so for different stages of young children should take different learning methods, children are in the ignorant cognitive stage, should not be too demanding art modeling performance ability, but should enhance their Each child is an independent individual, they have their own different feelings about different things, in terms of art foundation, children should master the performance of point, line, color, and form, which is the basic requirement for learning art, and the ability to think quickly is an indispensable focus of art practice, children learn art not only to master this knowledge, but also to enhance their self-confidence, improve their creative thinking, and picture books. Children learn art not only to master this knowledge, but also to enhance their confidence and improve their creative thinking, and picture books are not simply picture books, but a long process of practice, and excellent children's picture books have a prominent core, a novel plot, wonderful colors and special materials.

First of all, there should be a prominent thematic core, different themes can be targeted at different types of children, for example, there are picture books designed for autistic children mostly with a warm story as the theme, "The Sky of American Lasser: Understanding the World of Autistic Children" carefully built for autistic children's mental health picture book, mainly to exercise the adaptability of autistic children in an unfamiliar environment, this picture book through a small storyline string, so that This picture book is a series of small storylines that allow children with autism to overcome anxiety, develop good hygiene habits, and better adapt to new environments while reading. In addition, the entire color palette of the picture book is designed according to the theme, and at the same time, the thematic ideas of the picture book are often hopeful, positive, and upbeat.

Secondly, the picture book should have a novel plot, to have a logical design of the whole picture book storyline, slowly show the beginning to the end of the story, and a good account of the story of the main character, time, place, so that children can better understand the content of the picture book, such as, Mike Xiaoqui's "paper airplane" tells a story: the mother in the child's small, through the paper airplane to encourage children to be brave to do The boy is passionate about drawing, so his mother goes to the top of the mountain every day and throws down a paper airplane. The boy goes to the town to learn to draw, and the mother misses her child in her hometown. The story shows the deep meaning of "paper airplane" step by step through the way of sketching, and although it does not use gorgeous colors, it shows the mother's love for her child to the fullest.

Finally excellent picture book design not only has a theme and plot, but also in the form to attract children's attention, the teacher should make children curious about the content of the picture book, can be used to create the picture book in the form of points and lines, special forms and materials can always stimulate children's desire to create, can make the picture book more interesting.

### 4. The Way to Achieve The "Five Senses" in Children's Picture Books

#### 4.1. Visual representation

We are in a society full of visual effects, from the large variety of tall buildings to the small dazzling small objects, all with visual elements, and bright colors often attract the attention of children, the book "Visual Aesthetics" also mentioned: "visually induced texture, the essence of the feeling of what people see, it attracts people to feel it with their hands sense of touch, creating visual resonance through texture." [1] When children enjoy picture book stories, they

are often influenced by the pictures, and excellent picture books resonate with children through the matching of colors, such as "Ink Baby Visual Enlightenment Picture Book" is through the traditional ink and wash approach, from small to large, from light to deep, from black and white to color transition to guide children's understanding of points, lines and surfaces, although the picture book is first presented in black and white, but it is very interesting, and the overall picture effect The overall effect of the picture is balanced, to a certain extent, also plays a protective role for children's eyesight, and as children gradually grow up, picture books also from the traditional black and white to bright colors, which also gradually stimulate children's curiosity and curiosity when reading picture books. The excellent picture book "Visual stimulation book for babies" in early education in the United Kingdom is rich in picture form, bold color combination, thus stimulating the child's visual perception.

#### **4.2. Auditory performance**

The New Story of the World - Xian Yuan: "The hair is white and the teeth fall, and it is about the form. As for the eyes and ears, they are about the gods".[2] It can be seen that the ear emanates more about the spiritual aspect of a person, children perceive nature through hearing, and auditory training is inevitably also something that cannot be ignored in children's growth. Various different sounds inevitably appear in life, all of which require patient guidance to strengthen children's judgment of sounds, for example, when music sounds, we let children listen attentively; when talk or behavioral actions sound, we let children look for the source of the sound. It can help teachers and parents understand the child's listening situation, and also train the child's agile observation skills. When children read picture books, they can become more engrossed in the story through the small sounds designed in the picture books.

The British Yusbourne picture book "Who's Making Noise on the Farm" is a story that focuses on farm animals, presenting a friendly and warm picture through conversations between various animals, not only in bright colors, but also with vocal buttons designed for children to read, such as tapping on the rooster in the picture, which will bring out the "oh oh oh" sound, The various animals are accompanied by their own language, which makes it easy for children to get to know the animals in the process, as well as to improve their imitation skills and language awareness.

#### **4.3. Factory performance**

Smell is a sensation that is stimulated over long distances and is usually associated with sensory perception. Children's sense of smell is relatively late in development and therefore the sense of smell is the most difficult to train, but infants respond to certain smells, such as peeled eggs near the infant's nose, the infant will turn its head away and howl, but the smell of some butter will make the infant make a sucking action, although it is not possible to tell whether the infant hates the smell of rotten eggs or that the butter emits a familiar smell from the mother. For example, when an infant smells certain vegetables or fruits for the first time, his nose can imagine their smell and thus express his preference for certain smells or his aversion to certain smells. Smelling the corresponding scents while reading picture book stories can prompt children to explore and think about the stories in a new way.

The author designs the paper material according to the plot, so that children can be fully engaged in nature and feel the beauty of the world, through the picture book, children can discover new mysteries in their Through picture books, children are able to discover new mysteries in their own little world, and at the same time enhance their thinking skills.

When children open this picture book, they will be greeted by the sweet scent of strawberries, fresh mint and spicy onions, and the picture is calm and colorful, with interesting riddles to develop children's minds. Children can not only discover the visual beauty through their eyes,

but also combine their sense of smell to feel the smell of different items, thus stimulating children's senses.

For example, babies tend to show a resistant behavior when eating bitter things, frowning, shutting up, crying and so on, while for sweet sugar water, they show a happy, laughing expression and sucking much faster. Although the sense of taste is difficult to show in picture books, the five senses are connected, so excellent picture book works often also have the sense of taste, picture books attract children through a lively and interesting storyline, but the process of vision, touch, smell, hearing, and taste will be affected by it, taste can be presented through the picture of The five senses have different functions, but they all contribute to the development of children's senses. Lv Jingren once said in an interview that "books can be tasted, taste the mellow meaning of Chinese culture, although it can not be eaten, but it has a taste. This shows that in modern picture book design, more emphasis needs to be placed on children's "taste" in reading, breaking the traditional stereotypes, being creative in form, rich in content, and comprehensive in materials.

## 5. The Meaning of "Five Senses Experience" in Teaching Children's Picture Books

### 5.1. Relieving stress and promoting physical and mental development

Children's literary scholar Peng Yi once said, "Picture books are a complete story formed by pictures and words together, is the form of illustration and text, in the whole picture book, the pictures are not the appendages of the text, and not only for visual viewing, but the soul of the whole picture book, is the life of the book. Many of the best picture books are even a wordless book without words." For children using picture books, the pictures are the key to explain the story, children understand the whole story through the pictures, so this also requires a higher degree of professionalism in picture books, the pictures in picture books is not a simple doodle, but the need for the creator's repeated deliberations, repeat the results of the formulation of the sketch, and the creation of pictures often require more patience and imagination than words, so for children, picture books are children A good way to develop a love of reading and reading. With the gradual affluence of people's lives and rising consumption levels, more and more families are paying more attention to their children's education, But at the same time, the impact of the new crown epidemic has also led to a significant increase in the probability of children suffering from mental illnesses, and long periods of home blockade isolation and other health initiatives have had a significant negative impact on children's bodies and minds, with many children accompanied by the risk of anxiety and depression. Professor Jiang Fan of Shanghai Medical Pediatrics also said in an interview, "The physical and mental health of children is of great concern." The picture book teaching can, to a certain extent, relieve children's stress, bring fun to children's lives, gain something from the rich images, and can learn the corresponding knowledge, through the small games or levels designed in the picture book to reap a sense of achievement, in a process from shallow to deep children not only have the joy of exploring the unknown, so that they relax physically and mentally.

### 5.2. Communication to enhance parent-child relationship

Through picture books, parents and children can participate together. Parents can explain to their children what they do not understand when reading picture books, and parents and children can share their experiences with each other after reading picture books. Parents can also enhance their children's communication and expression skills through questions and answers. When reading, parents act as guides and children play the role of followers, and children enjoy a beautiful, calm family atmosphere in the company of their parents.

Malos divided the basic human needs into seven areas, firstly, the need for physiology, security, belonging and love; secondly, the need for respect, cognition and aesthetics; and finally, the need for self-actualization of human beings, while parent-child reading can firstly meet children's need for respect. Secondly, it can meet children's need for belonging and love. Parents can lead their children to read together, and through the process of mutual communication, they can enhance their feelings for each other, generate trust and dependence, and continuously improve the parent-child relationship. Finally, children's cognitive and aesthetic needs are met. When children read, they are constantly attracted by the story of the picture book and become curious and exploratory, and in the process of interacting with their parents, they make new discoveries, so that their cognition of the content of the picture book becomes clearer and clearer, and they are inspired by the visual pictures in the picture book, which subconsciously improves their aesthetic ability. After children's physical needs are met, they also seek higher spiritual realms, and parent-child reading can enhance children's higher-level needs.

### 5.3. Comprehensive development, open the "five senses experience"

Nowadays, picture book design is becoming more and more colorful and popular among the public family, but the novel picture books based on "five senses experience" are few and far between, most of the picture books are more focused on visual presentation, but through the connection between the senses, picture books also come with a variety of sensory experience, good children's picture books from the visual attraction of children, through A good children's picture book visually attracts children, through color, shape and make the whole picture book vivid, followed by the process of flipping through accompanied by sound to make children immersive, and according to the different content covers the corresponding smell of paper, while the design of "small organs" so that children can feel the depth of the story through touch, picture books trigger children's "Five senses", awakening children's sensory capabilities, while strengthening children's overall quality, to promote their all-round development, children in the process of reading to enjoy the fun of the book, to produce the world's inquisitive psychology. Children's picture books are popular all over the world, but still need more excellent picture book creators to design and improve, and the design of the "five senses experience" in children's picture books also need to learn and explore, so that children can grow up better.

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