

Path Analysis of Dance Art Education and Quality Education

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Abstract

Quality education is of great benefit to people's all-round development. In contemporary society, new goals are put forward for education. Dance art coincides with personnel training, which has a far-reaching impact on people's development and is one of the important ways to carry out quality education. This paper discusses the development path of the integration of dance art education and quality education by consulting materials and combining the author's working experience. Dance art and quality education are not contrary, so we should pay attention to the development of art education and improve the quality of the educated in the next national education.

Keywords

Dance art; Quality education; Path.

1. Introduction

Quality education requires people to develop in an all-round way, which is a new requirement put forward by society. Dance art is related to people's life and is the development guarantee of quality education. In the process of education, we can grow up and gain deep aesthetic experience, so that our dancing ability can be improved. Because of the uniqueness of dance art, it expresses human emotion. Therefore, it can achieve deep emotional education and meet people's emotional needs of truth, goodness and beauty. Dance art can cultivate the educated people's understanding of dance, enhance their mood and arouse their hobbies for other arts. It is widely used in national education and can promote the comprehensive ability of the educated. Improve self-ability in perception, memory and observation.

2. The Relationship between Dance Art Education and National Quality Education

To improve students' quality, it is necessary to popularize and integrate dance art in the process of development. In the process of the development of the times, dance art has become a subject that people attach importance to. Only by bringing dance art into the basic education system, paying enough attention to it and working better and faster can we fundamentally change and improve the present situation of art education in China and make dance art serve the broad masses of the people. Chinese traditional art runs through the spirit of dance, and has its own uniqueness on the form of artistic expression. Chinese music and dance pursue the tradition of spiritual expression. With the development of economy and society, dance art is no longer the privilege given by life to students with superior family conditions, but should become the educational content of the broad masses of the people. Dance art should play its own role. In the national education, show its own characteristics, give the educated equal educational opportunities, and provide systematic training methods for the educated in the process of organizing dance art education. Through organized and content arrangement, dance education can be carried out effectively and achieve the role of quality education. The so-called change customs, don't be good at fun. From the current dance art system, find problems, and gradually solve the problem, from top to bottom, form a sound program. Only in this way can the

educational effect be truly outstanding. Dance education concept and quality education complement each other, and there is no violation between them.

3. Dance Art Education and the Cultivation of People's Comprehensive Quality

Quality education makes people develop in an all-round way and meets the demands of people's development. Quality education covers psychological, aesthetic and social qualities, which is a very comprehensive development requirement. In the process of practicing quality education, we should pay attention to the development of people's knowledge and ability. At the same time, the needs of society and people are coordinated and consistent. Dance art education is of great significance to people's quality. Without art education, there will be no complete education mode. Moreover, without the training and edification of dance art education, many contents cannot be carried out.

The knowledge of dance art education is very rich, which can provide a comprehensive educational process for the educated. Dance art education takes appreciation of beauty as the premise, so that the educated can get enough artistic emotions, and then form aesthetic experience and enhance self-aesthetic ability. Dance art education is based on the improvement of the educated people's ability, so that the educated people can show their self-skills. For the educated, in the process of enhancing self-artistic expression, it is necessary to cultivate and hone self-will, so that dance art education and teaching can be more efficient and adapt to social development. Influencing the emotion of life, dance art creation has enough understanding of beautiful things and forms more creativity. Influenced by educators, they gradually evolve. Dance art education has a certain impact on every teaching educator, and through dance art education, people's comprehensive quality is significantly improved.

4. Dance Art Education and the Cultivation of People's Comprehensive Quality

4.1. For all the educated

Serving quality education is the core of dance education, which is aimed at all educators. Compared with previous dance education, Elimination should not be used, Don't use the selection criteria, make dance inclusive, face most students, bring all students into the popularization process of dance education, further broaden the scope of quality education, give every educated equal educational rights, and let them feel the charm of dance in the process of education. Through receiving education, we can gain higher aesthetic ability and learn dance comprehensively.

4.2. The educated get all-round development

In the process of popular dance education, any teaching activities should be carried out around the development process of being an educator. Make education more harmonious around moral, intellectual, physical and aesthetic aspects. First of all, the teaching content should be arranged more properly. Overall consideration should be given to the basic training of basic theory on the works line, and reasonable arrangements should be formed, so that the educated can receive a complete couple, and dance education can improve their artistic accomplishment. Table ah mention to improve their dance performance ability so that their dance ability significantly improved, from outside to inside, from body shape, physical appearance, spirit to mental state. There have been great improvements, and at the same time for the educated. To ensure self-quality, we must develop in an all-round way. It is not only necessary to consider the differences between individuals. It is also necessary to consider the important and difficult

points of training by receiving dance education. It is these students who have higher ability and love dancing more in the process of performing. Let dance service and life serve students' development.

Dance education serves the general life. Through dance performance and dance exercise, we can form self-cognition and develop our own ability in all aspects. In the process of appreciating dance performance, we can form a correct aesthetic experience, realize the beauty of dance, and lead other life contents. Through dance exercise, we can improve our own quality and have a comprehensive exercise effect. Dance performance is closely related to dance development, which is a great boost to human development.

4.3. Stimulate the initiative of the subject's subjective initiative.

Dance art has the characteristics of pleasing to the eye and can become an effective means to serve the public. By showing the characteristics of dance, the role of dance can be highlighted. In the process of performing, play the role of dancing and form a strong body. By organizing creative practice, let the educated work hard, feel the charm of dance, and let the educated participate more actively. Relevant practice shows that in the face of specific teaching content, we can form a higher mastery level through active learning. However, if the content is exaggerated, it will also make the educated passive and perfunctory. The process of dance training is very important. Good dance training enables the educated to improve their own abilities. If the training purpose of the educated is not clear, it is difficult to devote themselves to training for a long time. For teachers, basic training and dance should be combined to improve the ability of the educated and avoid boring emotions. In the whole process of education, only by practicing well and acting well can we gradually improve our own thoughts, stimulate our creativity, take the initiative to participate in training, strive for it, keep improving and improve our self-ability.

Dance art has totality, comprehensiveness and initiative, which is carried out for specific purposes, and its role is very obvious. For the educated, we can discuss the educational process from the aesthetic point of view, and let the aesthetic point of view lead students' development. And from the aesthetic aspect, improve the ability of the educated. Because dance art mobilizes the educated and makes them more actively participate in the educational process, it can improve the incentive situation of the educated. It can not only improve one's physical strength, but also strengthen one's intelligence. Dance art is very obvious for the improvement of people's comprehensive quality, and it is a very good measure, which can subtly improve the situation of the educated and has its own uniqueness.

5. Conclusion

In any case, people's development can not be separated from quality education. Especially under the contemporary background, we pay more attention to the comprehensive cultivation of talents. Under the guidance of the spirit of quality education, it is necessary to give full play to the characteristics of dance, make it serve the training of talents, and form the dual exercise effect of intelligence and physical strength. Aiming at people's quality, training objectives and adapting to the development of society, we should build an environment for talents to grow up. To sum up, dance education is used to train talents at multiple levels, so that the educated can improve their level, form a correct world outlook, outlook on life, values, etc., and do a good job in their own value orientation. Through dance education, we urge educators to master correct skills and methods, form a sound incentive mechanism, and let the educated enhance their self-physique. Let the coordination and flexibility of sports be continuously improved, and better perceive, understand and create beauty. Through dance art education, we can experience deeply, so that the educated can form true kindness and form a harmonious society.

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