The Cultivation Path Optimization of the Effective Cultivation of Rule Consciousness of Contemporary Junior College Students

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Abstract

This article from three aspects in this paper, the rules of contemporary students to foster effective sense cultivation path optimization, first expounds the contemporary students need to cultivate the rule consciousness, consciousness of effective cultivating contemporary students rules is the necessary condition of building a country under the rule of law is the effective measure to promote harmonious social development, is the only way for the development of individual freedom comprehensive; Then the deficiencies and influencing factors of the rule consciousness of contemporary junior college students are analyzed. Finally rules of contemporary students to foster effective sense of forming path optimization countermeasures and Suggestions: the national related department to science and improve the mechanism of rewards and punishments rules behavior, school to innovate rules consciousness cultivation methods, include the family to enhance the importance to cultivate the children rules consciousness, students to consciously abide by the rules, the unity of good behavior habits.

Keywords

Junior College Students; Consciousness of Rules; Cultivation; Path Optimization.

1. Introduction

Generally speaking, rules refer to the systems, articles or regulations that are unanimously recognized, identified, jointly adopted and formulated by members or representatives of social groups and abided by all members of the group. In terms of the content it covers, rules can be divided into narrow sense and broad sense. The narrow sense rules mainly refer to specific rules and regulations. Rules in the broad sense mainly refer to the content full of justice, including morality, law, party discipline and party rules, school rules, customs, family rules and so on. It can be seen that rules constrain various behaviors in People's Daily life in various aspects and fields.

As we all know, consciousness is the brain's reflection of objective reality and things. So, rule consciousness refers to the consciousness that social members consciously and voluntarily take rules as their own code of conduct, and it is the subjective and true reflection of social citizens on the objective existence of the so-called broad rules. Generally speaking, when people have a detailed understanding of morality, law, party discipline and party rules, school rules and other contents, and consciously take them as the action guide to guide their daily behavior, rules will gradually form in a subtle way.

The rule consciousness of contemporary junior college students can be understood as their cognition of the existing rules such as morality, law, school rules, customs and family rules, as well as their behaviors of consciously observing and voluntarily maintaining them. Refers to the rules of the contemporary students consciousness, in today's era, specialized subject groups growing to national laws and regulations, social ethics, social rules and regulations of recognition and understanding, on the basis of this and the internalization of subject consciousness, consciously and voluntarily in practice consciously abide by and maintain

comprehensive psychological process of various kinds of current rules and regulations. [1] Specifically, it includes three aspects: one is to take general current social rules, such as school rules and regulations, as the educational content to guide the formation of basic awareness of rules in junior college students; Secondly, the national laws and regulations are taken as the educational content to cultivate the scientific concept of the rule of law and strengthen the political identity of the country. Third, take social moral norms and principles as educational content, train junior college students to constantly improve their own moral accomplishment level.

2. The Necessity of Cultivating the Rule Consciousness of Contemporary Junior College Students

2.1. It is a Necessary Condition for Building a Country under the Rule of Law

The degree of legalization and modernization of a country are closely related. In order to improve the level of modernization of a country, it is necessary to achieve a high level of legalization construction. In general, The awareness of rules often contains important content about laws and regulations, and the awareness of rules is the key to promote the implementation of good laws. As a special group of citizens who play an important role in all fields of society, it is an important means to improve the citizens' concept of the rule of law and legal awareness to strengthen the cultivation of college students' awareness of rules. As a matter of fact, most junior college students can consciously abide by the law, but some of them have killed other people's lives, causing irreparable losses to others, causing serious adverse effects on the society. [2] These tragedies not only reflect the psychological imperfection and personality disorder of these college students, but also reflect their lack of strong awareness of rules and failure to comply with social rules, strengthen self-restraint and regulate their own behavior, thus resulting in bad and serious consequences.

2.2. It is an Effective Means to Promote the Continuous Development of a Harmonious Society

Harmonious society is a society of order and rules, The most important thing is that the society is fair, just and orderly. Good order is the result of individuals' identification and observance of social rules and orders, and it is an effective means forharmonious society to develop continuously that everyone obeys the rules. To promote harmonious social development must comprehensively carry out the rule of law, strengthen the rule of law and democracy, advocating a knowing, law-abiding, college students as a social group of higher education, to establish correct and scientific rules consciousness is a compulsory course in life, be able to deal with the students and help their harmonious relationship between teachers and students, promote the comprehensive and healthy development, It is conducive to creating a harmonious academic atmosphere and campus environment, and to maintaining the harmonious and orderly development of colleges and universities. It can be seen that rules are a necessary condition to promote the construction of a harmonious campus, and cultivating the awareness of rules of college students is not only an inevitable requirement and effective means to promote the continuous development of a harmonious society, but also an important prerequisite for recommending the rule of law in an All-round way.

2.3. It is the Only Way for Individual Free and All-round Development

In the society, everyone's activities must be carried out within a certain range, and the observance of rules is the guarantee for the realization of personal freedom. In other words, the cultivation of rules consciousness is an important prerequisite for the development of personal freedom. Individuals always live in a certain social relationship, which determines that the free development of people is not without restrictions, but with certain constraints. Then rules are

the condensation of consensus reached by everyone in the society, which plays a role in restricting individual behavior. As a part of the backbone of national modernization and development, the college students' rule consciousness is not only related to the construction of a harmonious society, but also related to their own overall development. Students All-round development contains not only academic knowledge, personal skills, also includes personal moral quality, civilization accomplishment, for students to foster the sense group rules can effectively promote the identification of the rules, and consciously abide by, strengthen students foster the sense group rules is the necessary requirement of the All-round development, grow up, It is also the only way for them to realize free and comprehensive development.

3. The Deficiency of the Rule Consciousness of Contemporary Junior College Students and the Analysis of the Influencing Factors

3.1. Low Recognition of Rules

According to the relevant questionnaire survey, some junior college students still have some problems in observing the school rules and regulations, laws and regulations, and have a low degree of identification with the rules, unable to truly identify with and recognize the rules and regulations of the school from the bottom of their hearts. [3] For example, some students are unhealthy phenomenon of cognitive rules but I don't agree with, the reason is that small groups include the physical and mental development is still in the mature period, their cognition on something tend to stay in a partial phase, for example, some college students only see the rules rules of their limitations and constraints, However, they can not understand the beneficial role of rules for personal growth, and many students' recognition of school rules and regulations is far less than their recognition of laws and regulations, which also increases the difficulty for colleges and universities to cultivate the awareness of rules for junior college students.

3.2. Lack of Initiative and Consciousness in the Observance of Rules

To make rules and regulations play a proper role in colleges and universities, it is necessary to guide college students to consciously observe the rules and regulations, maintain, but in the process of abide by the rules, related survey shows that some students is mandatory punishment from school and forced to abide by strict rules, although forced to abide by the rules can also play a role in maintaining stable and harmonious campus, But this kind of involuntary, involuntary compliance is not intrinsically good for the long term. Therefore, we should pay attention to a key problem in cultivating the group rule consciousness of junior college students, that is, to make them truly recognize the school rules and regulations and laws and regulations from the heart is important for personal growth and maintenance of campus stability and harmony, and then transform into their own value orientation internalized in the heart, externalized in the practice.

3.3. Not Knowing and Doing the Same to the Rules

By former related research of text investigation shows that most of the students recognize the rules the front of the school rules, they can think and orderly rules for individual healthy growth and campus and development play a positive role in promoting social harmony and stability, but many students think that it is difficult to achieve in to follow the rules of the specific practice of unity. [4] For example, in learning life, some students lack certain enthusiasm when obeying the rules, trying to do all kinds of ways not to obey the rules and regulations are forced to complete the learning task, can not be active and voluntary to learn. Again, for example, for it is forbidden to cheating in the exam this learning rule, may say that there is no students don't know, nor students don't agree with, but there is still a student in the examination to risk was found to be severely punished to cheat, this behavior not only reflects the college student group

doesn't achieve the unity of rules to follow, but also the performance of student credit consciousness is weak.

4. The Cultivation Path Optimization of the Effective Cultivation of the Rule Consciousness of Contemporary Junior College Students

4.1. The Relevant State Departments Shall Scientifically Improve the Reward and Punishment Mechanisms for Regular Behaviors

At present, specialized subject groups that exist in the violations in some extent, is due to the lack of scientific and perfect the rules of behavior as a result of rewards and punishment mechanism, improve the rules of behavior science of rewards and punishment mechanism can effectively reduce the college students irregularities occur, to strengthen students follow the rules of determination, help continue to abide by the rules and regulations behavior. The reward and punishment mechanism of scientifically sound regular behavior must be carried out from the following two aspects:

(1) Give play to the leading role of reward mechanism in cultivating the rule consciousness of junior college students

Giving play to the role of incentive mechanism is to give rewards and praise to junior college students for their performance of abiding by rules and regulations from both material and spiritual aspects, so as to encourage them to increase the frequency of abiding by rules and regulations under the incentive of sense of achievement. The government can hold a moral model selection contest, [5] such as national and urban level junior college students abide by the rules and regulations, and award awards and bonuses to the students who win awards. Colleges and universities can give preferential bonus policies to the students who win moral models to encourage them.

(2) Pay attention to the deterrent effect of punishment mechanism in cultivating Rules consciousness of junior college students

The punishment mechanism gives punishment and punishment to the students who violate rules and regulations from both material and spiritual aspects, and urges them to reduce the frequency of violating rules and regulations under the influence of fear of punishment. For example, in the face of some college students using shared bikes and violating traffic rules, relevant departments should pay attention and impose fines. In addition, it is also possible to set up a blacklist of college students who violate the rules, and for those students who repeatedly make the list, their violations will be registered into their personal files, and their opportunities for awards and excellence will be cancelled, and their right to participate in public recruitment exams will be restricted.

In a word, only by constantly improving the reward and punishment mechanism of regular behavior, can the government promote the formation of regular consciousness of junior college students.

4.2. The School Should Innovate the Ways and Methods of Cultivating the Rules Consciousness of Junior College Students

(1) Strengthen the recognition of rules of junior college students by practical Education It is a process from cognition to practice to promote the externalization and implementation of college students' awareness of rules. It is far from enough to only stay at the cognitive level. More importantly, it is necessary to take practical actions to abide by rules and regulations. Universities can be through the use of the school rules of self management an opportunity to provide students with practice opportunities, such as through work-study, internship instructors, such as community to create way, absorb the students to join in the process of

school management, community building, so as to enable students to feel the school rules, rules, the importance of education.

(2) Cultivate the behavior habit of obeying rules by life education

The embodiment of the rule consciousness of junior college students involves all aspects of daily life, and the cultivation of the rule consciousness of junior college students is a process of accumulation over a long period of time. It can be seen that only by grasping every detail of the cultivation of the rule consciousness in daily life, can we well grasp the whole process of the cultivation of the rule consciousness of junior college students. Some junior college students are indifferent to small rules in life and study, the main reason is that they think that there is no serious punishment for disobeying small rules, so their awareness of rules has been extinguished. Therefore, in school learning life, teachers should give corresponding punishment measures to students who are late for class, do not study in class, do not finish homework in time after class and other violations, let students know that there is no trivial matter in front of the rules.

4.3. Families Should Constantly Enhance the Importance of Cultivating Children's Awareness of Rules

Family consciousness importance of the rules of high and low awareness of the rules to a great extent, determines the children attaches great importance to the level of high and low, after the relevant questionnaire survey shows that nearly a third of the family of importance to cultivate the students rules consciousness is not enough, in the event of a student does not comply with the rules of behavior, other family members is not correct their mistakes in time, but in fact, Only by raising the importance of cultivating children's awareness of rules in daily life can families fundamentally strengthen students' awareness of rules.

- (1) Formulate scientific and reasonable family rules to improve children's awareness of rules Scientific and reasonable family rules can provide correct guidelines for the cultivation of children's awareness of rules, and family rules can be made scientifically and reasonably. The most important thing is that all members of the family need to discuss and make a final decision. When facing controversial issues, families need to take children's opinions into consideration. Once house rules set, you must request all family members strictly enforced, between parents and children to supervise each other, any one party in violation of the rules should be to receive punishment, never become a mere formality, only in this way can improve the authority of rules, help children cultivate correct and scientific rules consciousness and good habits.
- (2) Strengthen the inheritance of national excellent traditional virtues and improve children's awareness of rules

There are abundant rules consciousness and ideas in the excellent traditional virtues of a nation, for example, the observance of rules is embodied in the rules of propriety, honesty, honesty and righteousness. Therefore, parents must first clear national excellent traditional virtue of the profound essence, will be everyday life with traditional virtue, for example, parents can be family genealogy of the deeds of ancestors and predecessors and contained in the fable the concept of rule consciousness, combined with actual situation of the children grow up, to share in the form of innovation to the child, Let children in daily life imperceptibly internalized in the heart, externalized in action, so that children continue to improve the awareness of rules, in practical action externalized into a good moral quality.

4.4. Junior College Students Should Consciously Develop Good Behavior Habits of Abiding by Rules and Integrating Knowledge and Action

It is far from enough for the college students to only improve their awareness of rules. The ultimate goal is to put the knowledge into practice and achieve the unity of knowledge and action. But according to related survey data shows, nearly half of the students more optional

for your words and deeds, face can't consistent consciously abide by rules, therefore, include the community itself is going to do in daily life, at any time cannot relax myself, have to be discipline, unity of their effort.

- (1) strive to be strict with yourself, and constantly enhance their will to abide by the rules Students only do discipline, long-term to maintain its stability of good behavior, can will eventually follow into the intrinsic rule of virtue of the rules, therefore, to continuously enhance their will abide by the rules, must not be ignored because others rules, think oneself unsupervised, think you won't be punished, The belief that one's actions do not affect others and other erroneous ideas. [6] At the same time, junior college students should always reflect on whether their own words and deeds are in line with the rules and regulations, and often reflect on whether others have violated the rules and regulations, but they have not been found the same problem. In short, only by being strict with oneself and introspecting oneself at all times can junior college students strengthen their will to abide by the rules and finally achieve the unity of knowledge and action in the consciousness of rules.
- (2) Strive to practice actively and set an example of leading social civilization

In fact, every practice process of the college students' observing the rules is a process of deepening their recognition of the rules consciousness, which requires the college students to consciously abide by the public moral norms and lead the social civilization. In school life, to actively abide by the school rules and regulations, strive to be the advanced elements of the campus rules and regulations; In the daily life of the family, to do noble moral character, rich in self-cultivation of the younger generation. In particular, student cadres should be able to set an example, take the lead in abiding by the rules and regulations, and strive to be an active practitioner of the awareness of rules, giving play to the leading role of cadres. In addition, students groups as a part of an elite future national construction, should also strive to consciously take the initiative to maintain the rules and as their own responsibility and mission, in the face of the rules of contempt and bad behavior, the initiative to maintain, rules for building good social environment, orderly power rule society contribute their strength. In addition, students groups as a part of an elite future national construction, should also strive to consciously active maintenance rules for their own responsibility and mission, in the face of the rules of contempt and bad behavior, the initiative to maintain, rules for building good social environment, orderly power rule society contribute their strength.

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