# Three Dimensions of Labor Education Integrated into the Cultivation of Career Outlook for Chinese College Students

Xixuan Wei<sup>1, 2, \*</sup>

<sup>1</sup>School of Xianyang Vocational Technical College, Xi'an 712000, China <sup>2</sup>School of Marxism, Shaanxi Normal University, Xi'an 710119, China \*weixixuan@sina.com

#### **Abstract**

The cultivation and formation of modern career outlook for college students is an indispensable and necessary step on the way to realize the modernization of education in China, an important bridge to inherit Chinese civilization and to connect the history and reality, as well as a key process to promote the objectification of the natural, spiritual and practical attributes of human nature. The relationship of mutualistic symbiosis exists between the structural elements of the modern career outlook for college students and the intrinsic property of labor education. The labor education should give full play to the role of labor itself as a carrier of education, promote the coordinated development of college students from three aspects including natural labor, life labor and community labor, and create a modern career path leading to the liberation and freedom of human beings.

### **Keywords**

College Students; Labor Education; Career Outlook.

#### 1. Introduction

The undergraduate period is of great significance for young people to form their outlook on life and the world and for their career goals to be nurtured. From the perspective of physiological growth and intellectual development, college students have reached the standard of adults with their own behavior consciousness and action ability becoming completely independent. However, due to the influence of Chinese traditional education mode, college students have long relied on the care and supervision of parents or teachers in both life and study before entering the college, so that they have the initiative consciousness yet with certain dependence characteristics in the process of career development. Therefore, the formation of career outlook for college students would show the gradual characteristic of developing from quantitative change to qualitative change and then to new quantitative change, as well as the fluctuating growth law of continuous self-denial and self-improvement. In order to achieve the breakthrough in the goal of comprehensive development for college students in the undergraduate period, it is supposed to focus on the career cognition and development of college students. The cultivation of career outlook for college students is carried out in social activities, which runs through the practical activities of human beings that unify naturalness and sociality. As the most basic practical activity of human beings, labor is not only the creation of human beings but also the fundamental way of human existence, which features important theoretical guidance and practical exploration significance for constructing the modern ideological value system of human beings and realizing the transformation of human values from traditional to modern. As a kind of indoctrination to cultivate the comprehensive quality and ability of college students and forge their self-subjectivity, the labor education plays an

important role in the formation of college students' career outlook, which is mainly manifested in the following three aspects:

### 2. Promoting the Overall Development of Vocational Ability for College Students based on the Original Natural Labor Experience

The human beings directly belong to the natural existence.[1]The nature contains all the natural materials of production and living on which human beings depend for their survival and all the natural conditions related to the object of labor, which conceals the essential power of human development and contains rich educational resources as the eternal source of human rational exploration, creation and development. Certainly, the nature would not take the initiative in educating the college students, which requires the students to approach, appreciate and experience the practical activities. The labor is just such an activity where students conduct the metabolism between man and nature so as to realize the intersection with nature. In doing so, the individual talents are fully revealed, individual potentials fully explored, and the individual existed and developed. The original nature labor experience means that the students return to nature and take the reconstruction of life and nature as the beginning of labor education so as to draw the distance close between students and nature and repair the link between human beings and nature. In this process, the abilities and comprehensive quality of college students are improved in all aspects, which fully liberates students' bodies and exploits the value of human life, and continuously cultivate the labor spirit of respecting and loving labor in their career cognition.

The utilization of natural labor education resources is, first of all, to learn to respect nature, which is also the primary direction for the development of labor education for college students. Educators should duly guide individuals to understand and protect nature, consciously abide by objective natural laws and avoid being overly intoxicated with the conquest of nature when developing and transforming it. Only in this way can laborers reach the dynamic balance in the benign interaction with nature, and only then does the educational practice platform of labor for vocational improvement have the reasonable premise for construction. Secondly, the implementation and development of labor education also puts forward new requirements for the main places of labor education, namely colleges and universities. The campus fence and professional curriculum arrangement cannot become the barrier between students and nature. On the contrary, teachers should lead students to look into nature and make nature become the spiritual nourishment for the growth of students' career outlook, so that students can continuously know themselves, integrate themselves and go beyond themselves in the extensive nature. Thirdly, the laws of nature and order as the starting point of human participation in activities also determine that the process of labor indoctrination would lead the concept of order to the students' vocational cognition and become the goodness under the rules of human social order, so that human beings could end up animal nature thinking to achieve self-adaptation and development under the rules of modern society. Finally, labor education should also guide college students to break through the boundary of self-capability through modestly transforming nature, and constantly transform the potential power of human existence into the action power of existence[2], so as to realize that the vocational division of social labor is an important means and way for human beings to get rid of the bondage to nature in modern society, integrate the gene of harmonious coexistence of natural resources and human ecology into the modern pursuit of human beings, and cultivate the pioneering spirit and comprehensive practical ability of college students in nature.

### 3. Promoting the Innovative Development of Modern Career Outlook for College Students with the Focus on Life Labor Experience

All practical activities of human transformation of the world are carried out normally under the guidance of certain concepts, and the whole process of formation, development and maturation of career outlook for college students is carried out in their daily life. Considering that the experience of life labor is an indispensable part of the individual life of college students and is closely related to the contemporary social reality, educators should actively guide college students to plan and regulate their real life, and comprehensively stimulate the endogenous motivation of self-development of college subjects. The life labor should always keep the participation of the subject and make the college students pursue and appreciate the meaning of life in the actual life. It also requires labor education in colleges and universities to go deep into the real labor which is serious and lively as well as hard and joyful simultaneously, fully exploit the abundant perceptual teaching resources in labor scenarios, and cultivate the labor emotion, labor attitude and labor values. The modernization has not yet been completed in China, while the modern ethics adapted to the development of society are also being formed. The huge social change of transition from traditional culture to modern culture would inevitably bring about anxiety of self-identity and spiritual loss. In doing so, the college students must take their own life labor as the practical object to overcome confusion in the intermingling of subject and object, regain the meaning of a good life in the sensual course of life, and obtain the dignity and happiness due to workers in the unification of the self purpose and value.

Moreover, the formation of modern career outlook for college students is not a simple accessory to the cultivation of human modernity, which actually requires the career outlook and psychological state of college students to realize the thorough transformation from traditional to modern and to form the modern career outlook based on modern division of labor. Among them, open and competitive labor innovation is the core direction of human thinking space, which directly points to the modernization process of career outlook for college students. The life labor experience plays an important role in the generation and development of creative thinking of college students. On the one hand, the labor education in life has various forms, diversified contents and active atmosphere, so that college students can experience the labor objects in their attempts, perceive the social life in their reflections and complete the selfconstruction of individual independence. In doing so, they can get rid of the numb and herdoriented thinking stereotypes, end up the dependent and conservative dysfunctional personality, and accumulate the preliminary accumulation for innovation to break through the shackles of traditional thinking. On the other hand, innovative thinking requires people to constantly seek the effective utilization, integration and reasonable transformation of resources. This externalized mechanism with purpose may easily lead people to ignore the rationality of purpose and fall into the dilemma of blind extension and expansion of instrumental reason. The labor education based on the life labor experience takes daily life as the starting point of education, which has been fighting against the various obscuration and devouring of instrumental reason. Meanwhile, it takes the value of life and the meaning of life as the direction of the innovative practice return of labor education, and connects the pursuit of the value of good life into the spiritual growth soil of contemporary college students.

## 4. Promoting the Coordinated Development of College Students' Career and Society with the Feature of Community Labor Experience

As a form of collective organization in human society, the community has the function of gathering, passing on and developing culture, while the labor is an important carrier for people to connect and join the community. Through conscious and purposeful participation in the

sensual activities of transforming the objective world, college students seek the organic unity of their own free and comprehensive development and the development of social civilization in the colleges and universities as well as the social community. The two-way interaction of creating culture and in turn being treated by culture as the object of action not only strengthens college students' identification with culture but also improves their individualization and socialization. The experience of communal labor enables people to develop their true nature in society through a rational way[3], and to explore the real connection of people within the community in the process of socialization under the fundamental requirement of regaining human nature. With regard to the socialization of human beings, the optimal utilization of social resources and the systematic integration of social service labor education channels could foster a sense of social responsibility among college students while improving communication and understanding among people. Thus, the community labor education is conducive to guiding college students toward public life, enlightening public and national consciousness in the community, and helping them establish professional ethics such as the sense of labor responsibility and moral conviction.

As the socialization of human development improves, the development of human in modern society is more associated with others while the very association is either conflict or cooperation. In order to ensure that the reasonable interests of its members can meet the expectation, the community would take certain measures to build the sense of community, reduce conflicts among members, limit the conflict of interests within the certain order and make the cooperation possible. It is also beneficial for college students to develop excellent qualities of solidarity and mutual help within the community, enabling individuals to develop a sense of group belonging and gradually form the collective consciousness through labor service so as to realize the laborers' pursuit of collective public goodness. On this basis, the strict disciplinary requirements could cultivate college students' sense of responsibility and further guide them to continue to pursue the meaning of life and a valuable life with public welfare value as the goal orientation. It would allow college students to establish public welfare beliefs and public welfare ideals for career development in the community labor experience, laborers to develop in a comprehensive and coordinated manner and tend to acquire the mature personality in the community education, and labor education to become an indispensable way for people in the community to create the harmonious and happy life.

In conclusion, college students are the important reserve force for the construction of modernization in China. The labor practice is the way to inherit the virtues of labor such as diligence, kindness and courage of Chinese people, the innovative way to explore the harmonious development of college students' personality, nature and society, and the road to contemporary human liberation. The labor education based on practice is a crucial platform for college students to improve their self-competence and to shape their spirit, a key channel to explore the development trend of human modernization in the new era, and the necessary engine for the free and comprehensive development of each individual. The college students should continue to explore the meaning of human existence and life in the practice of labor in pursuit of a better life, so as to create the new form of human civilization in the future.

#### References

- [1] Compilation and Translation Bureau of Works of Marx, Engels, Lenin and Stalin of the Central Committee of the Communist Party of China. Collected Works of Marx and Engels (Vol. 1) [M]. Beijing: People's Publishing House, 2009:209.
- [2] Bureau of Compilation of the Works of Marx, Engels, Lenin and Stalin of the Central Committee of the Communist Party of China. The complete works of Marx and Engels (Volume II) [M]. Beijing: People's Publishing House, 2005:355.

[3] Bureau of Compilation of the Works of Marx, Engels, Lenin and Stalin of the Central Committee of the Communist Party of China. Collected Works of Marx and Engels (Vol. 1) [M]. Beijing: People's Publishing House, 2009:335.