

The Free and All-round Development of Human Beings and the Ideal of a Better Life: The Connotation of the Times, the Purpose of Value and the Practical Approach

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Abstract

The theory of free and all-round development of human beings is an important part of Marxist theory. It clarifies the practical approach to realize the free and all-round development of human beings in the process of moving towards the ideal goal of a better life, which is of great theoretical and practical significance to better promote and realize people's free and all-round development in the process of pursuing a better life.

Keywords

Human Being's Free and All-round Development; Good Life; Connotation.

1. Introduction

The free and all-round development of man is the highest goal that Marx is committed to pursuing. That is, "the free development of everyone is the condition for the free development of all people" [1]. The theory of man's free and all-round development is a theoretical system, and its way of realization is still a problem that the current academic circles are deeply studying and discussing. Based on China's current development vision, a better life is the ideal life that the people are determined to pursue. This paper attempts to explore and study the practical approach to further realize the free and all-round development of human beings from the internal logic of it [2]. On this basis, it points out the Era Connotation of the free and all-round development of human beings in the new era, which has important research value in promoting the practical development and theoretical research of this theory in China.

2. The Connotation of the Times about the Free and All-round Development of Human Beings in the New Era

2.1. The New Connotation and Characteristics of the Times of Human's Free and All-round Development

The theory of human's free and all-round development points to "real people" rather than "abstract people". Marx pointed out: "the essence of man is not an abstract thing inherent to a single person. In its reality, it is the sum of all social relations." This tells us that people's development should be analyzed and investigated from different times and social relations, because "real people" reflects the essential characteristics of people and the new development requirements of human nature. In the process of deepening the theory and practice of socialism with Chinese characteristics, the people's dominant position has been constantly established, and people's subjective value has been highlighted. With the development of the socialist economy with Chinese characteristics, people's freedom and all-round development have been realized to the greatest extent, and they have carried out independent activities with unique and personalized creation, moving from the original state of material constraints to a free state of higher spiritual and cultural needs. In this process, people get rid of the heavy burden of life and the shackles of ideological tendency, further expand their activities and social relations,

and enrich and enhance the comprehensiveness of human activities. In addition, the development of people is reflected through the participation of social practice activities. The comprehensiveness of human activities will gradually replace the boundaries of social division of labor. The trend of the whole society will weaken confrontation, and promote the harmonious development of individuals so that everyone's free and all-round development can be truly confirmed. In practical activities, people interact with each other. People's development are generated by the value and created by the main body in this process. Just as "anyone can't do anything if he doesn't do things for his own needs." With the changes of the times and the continuous development of productive forces, the free and all-round development of human beings has been endowed with brand-new characteristics, including human intelligence and physical strength. The transformation of economic is often accompanied by the transformation of dependent objects. For places with different levels of economic development, human development is bound to be affected by economic.

With the continuous enrichment of materials, human development also presents different characteristics: First, the imbalance of development. With the continuous development of market economy with Chinese characteristics, the uneven distribution of social resources has affected human development and led to great attention to the imbalance of development. In the same field, the phenomenon of elite monopoly has even appeared, leading to the free and all-round development of people hindered by objective factors and the unbalanced development. For example, for students, blindly pursuing grades will neglect the cultivation of moral education, which will affect students in the process of growth and hinder their free and comprehensive development to a certain extent in the later stage. Secondly, it is the diversity of needs. In the process of socialist construction and development, people's needs are affected by historical conditions and realistic foundations. People's needs will gradually move from the original simple material conditions to more comprehensive spiritual satisfaction. From material needs to spiritual ones, such as self-development and self-realization needs are all the characteristics of people's free and all-round development in the new era. The development and progress of society promote the diversification of people's needs. On the contrary, the diversification of people's needs plays a significant role in promoting the development of human society. Thirdly, it is the comprehensiveness of practical activities. People are no longer satisfied with simple occupations and salaries, but start to pursue for all aspects of realizing their own abilities, like engaging in diversified activities to meet their own development needs. Individual practical activities are not only to meet simple needs, but also to constantly pursue for more abundant practical activities, which is specifically manifested in the simultaneous development of physical and intellectual activities. In the original process of development, physical activities were emphasized to promote development, With the continuous enrichment and expansion of activities and the acquisition of scientific and technological information to improve literacy and promote the all-round development of morality, intelligence, physique, art and labor.

2.2. The Inner Unity of People's Free and All-round Development and Good Life in the New Era

The pursuit of a better life is the realistic prospect of realizing people's free and all-round development. On the one hand, a good life is a long-term goal that individuals strive to pursue at the stage of cultivating and improving their own spiritual and cultural qualities. On the basis of human development and needs, the whole society is also meeting this need accordingly. Socialism with Chinese characteristics in the new era values the free and all-round development of human beings. The great development of the socialist economy with Chinese characteristics has made people satisfied with the material means of production. Therefore, a good life is no longer limited to material life. People need to pursue a higher level of free and all-round

development. On the other hand, individuals achieve all-round development and promote the progress of society, because the essence of people lies in reality, and the overall development of society feeds back the development of people and jointly creates a beautiful life of free and all-round development of people. People have realized the pursuit of material means of life and the enrichment and development of spiritual entertainment activities in the process of social development.

Labor is an important factor between the free and all-round development of human beings and a better life. "Freedom in activities is regarded as labor". The realization of people's free and all-round development is inseparable from labor. The ideal of a better life pursued by people in the new era is based on the full enrichment of material. Marx asserted: "under the condition of a true community, each individual gains his freedom in his own union and through this union." From this point of view, Marx believes that the so-called practical path of a good life must be based on people's labor practice. It is through the labor process that wealth is created and people's value is reflected. The continuous improvement of labor ability promotes the continuous development of human civilization and the realization of all-round and full development of people's freedom. With the continuous improvement of China's economic development foundation and distribution policy, it plays an important role in objectively eliminating labor alienation. When the level of productivity is reached, a better life is not only equal to the possession of material wealth, but also reflected in everyone's scramble to create labor, like "each performs his own duties and does his best".

3. The Value of the Theory of Man's Free and All-round Development

3.1. Theoretical Tracing: The Innovation of Marxist Theory of Human's Free and All-round Development

The ideal of a good life and the free and all-round development of human beings are dialectically unified. The ideal of a good life in the new era is contained in the free and all-round development of human beings and is an innovative development of the Marxist theory. According to Marx's assumption, the realization of people's free and all-round development must go through three stages: the "dependence on people", the "dependence on things" and the "association of free people", so individuals can realize their own development. In this assumption, it is socialism with Chinese characteristics that really creates good conditions and provides the necessary material basis for promoting the free and all-round development of people. Socialism with Chinese characteristics attaches importance to innovation at the same time as economic development, integrates innovation into the whole process of personal growth education, comprehensively improves personal comprehensive quality, accelerates innovation of science and technology with knowledge and technology, better provides services for socialist construction, and lays a prerequisite for promoting human development.

The Communist Party of China is a political party that represents the interests of the people and is a faithful promoter of Marx's theory on human liberation. Since its establishment, it has adhered to the people's dominant position in practice. In the process of building and developing socialism, moving toward the goal of getting rid of alienation, emancipating from alienation with others, realizing social liberation and personal freedom and all-round development, and always respecting and adhering to the central position of the people in this process is the Chinese development of Marxist human theory. In addition, the party combines the people-centered goal with the goal of achieving a better life and common prosperity. In this process, it constantly realizes the free and all-round development of people, creatively promotes the balance of human development with the balance of social development in the process of promoting the great cause of socialism, so as to better realize the all-round development of people. Getting more happiness through construction and sharing is also an important part of

promoting the socialist modernization with Chinese characteristics, which has shifted from focusing on the growth and satisfaction of the general group to personal development. Socialism with Chinese characteristics is the best social form to truly realize the Marxist ideal of free and all-round development of human beings.

3.2. Logic: The Value Orientation of Socialism with Chinese Characteristics in the New Era

The thought of socialism with Chinese characteristics in the new era is a contemporary innovation and development of the Marxist theory of human's free and all-round development. According to the transformation of the main social contradictions in our country in the new era, we should formulate a five in one master plan and four comprehensive strategic arrangements, put the interests of the people first, constantly improve the socialist economic system with Chinese characteristics, enrich social relations, and promote the free and all-round development of people. We should lead the people towards the goal of achieving prosperity. On this basis, we should continue to promote the free and all-round development of people, realize the people's yearning for a better life, practice our original intention and mission, and inherit and carry forward the Marxist concept of history and materialistic concept of history on the basis of constantly summing up and drawing lessons from the important expositions of Marxist classic writers on the people's view. The history of struggle in the past five hundred years of socialism can be regarded as the history created by the people for free development. By developing the socialist economy, we can create material production and living materials, meet the people's needs for material materials, and more effectively free people from the personality dependency relationship under the traditional planned economic system, and promote the development of people's personality.

The new era is a new stage aimed at fully enriching the means of material production and living and meeting people's needs. Marx envisions that one of the steps for people to achieve free and all-round development is to rely on materials and meet the basic survival and means of life. Without the satisfaction of material conditions, people can't achieve their development. People exist in the real society. All activities such as survival and development can't be separated from the satisfaction of material conditions. When the material basis needed by people can't be met, there can't be free and all-round development. First of all, the traditional planned economy system is that the state intervenes in production activities, implements distribution, and completely excludes the role of the market. Therefore, it is impossible to diversify the means of material production and fundamentally meet the multiple needs of human development. The socialist economy with Chinese characteristics in the new era focuses on optimizing and adjusting the economic development situation and building a new normal of social and economic development. Secondly, the spirit of Party building is a concentrated reflection of the struggle and development of socialist culture with Chinese characteristics in different times. In the new era, carrying forward the great party building spirit, internalizing it in our hearts and externalizing it in our deeds, has provided us with a steady stream of powerful power and created a fine environment and atmosphere for marching forward on a new journey and realizing the free and all-round development of people. The existence of human beings has "social attributes". Only when the whole society creates a certain good atmosphere can we promote and realize the free and all-round development of human beings in the advanced culture of socialism with Chinese characteristics through education and other ways and means. Finally, the realistic foundation of man's free and all-round development lies in the harmonious unity between man and nature. Man and nature are also a community of destiny, and nature also exists as a whole like society. Marx and Engels pointed out that "the existence of living individuals is the premise of all human history. Therefore, the physical organization of individuals and the resulting relationship between individuals and other nature are the first

facts we need to confirm." In the process of realizing free and all-round development, people include both social and natural factors. Building a new atmosphere of beautiful China and creating a healthy and comfortable new environment are the survival support that provides important guarantees in the process of human development, and are also the realistic needs of the broad masses of people for a better life. In terms of economy, culture and ecology, in the new era, building socialism with Chinese characteristics, reaching the level of highly developed productive forces, exhibiting advanced socialist culture with high-quality development, and interpreting the ecological concept of harmonious coexistence are all conducive to promoting the realization of free and all-round development of people in the light of the development of social changes and the transformation of major social contradictions.

3.3. Reality Transformation: People-centered Development Concept

The true confirmation of individual freedom is the value orientation of human's free and all-round development. The development of human beings depends on certain social relations. While the society as a whole progresses, it is also necessary to improve people's abilities. In the process of practical activities in the production of social material means of production, the people, through their own physical and mental labor, jointly promote the accumulation of social material wealth, constantly improve the means of production, further improve the level of productive forces through the continuous improvement of the socialist market economic system, and make economic development more dynamic. While optimizing and upgrading the economic structure on the basis of more abundant material resources, we should establish a more perfect and fair distribution system, so that development is people-centered and the results are enjoyed by the people. We should pay attention to people's development needs in production and distribution, reflect fairness in distribution, and effectively enhance people's happiness and satisfaction. The people-centered concept highlights the people-oriented values. Under the realistic conditions, through continuous cultivation and realization of people's all-round development, we can better contribute our talents to the modernization of socialism with Chinese characteristics, effectively promote the overall development of social productive forces, fully convert China's demographic resources dividends into scientific and technological advantages, and further promote high-quality economic development. In this process, people realize their own development through self-service and social contribution skills, and the full development of social material materials can better promote people's free and all-round development. Adhering to and developing socialism with Chinese characteristics in the new era is a beautiful era selected and jointly created by the main forces of the people.

Marx clearly stated in the manuscript of economics and philosophy in 1844 that "the whole so-called world history is nothing more than a process in which people were born through human labor." He stressed that the people's main body is an important force that can create great history. In the process of leading the people to build and develop socialism with Chinese characteristics, the Communist Party of China has always attached importance to giving play to the people's dominant position, respecting the people's vital interests, vigorously developing the productive forces to meet the people's needs for materials and means of production, and adhering to the concept of integrating the development of productive forces with serving the people. In addition, while vigorously developing the productive forces, we should try our best to depict the economic blueprint for eliminating exploitation through the elimination of alienated labor, so as to reach a new world. People can help the development of socialism with Chinese characteristics, and advance towards the people's pursuit for a better life and the realization of people's free and comprehensive development.

4. The Practical Approach of Promoting People's Free and All-round Development in the New Era

4.1. Adhere to the Leadership of the Party and Carry Forward the Value Purpose of Taking the People as the Center

Adhere to the unity of the party's leadership and the realization of the people's yearning for a better life. "The most essential feature of socialism with Chinese characteristics is the leadership of the Communist Party of China. The greatest advantage of the socialist system with Chinese characteristics is the leadership of the Communist Party of China." "Adhering to the value concept of putting the people first through the leadership of the party, we have created a community of shared future in which the party and the people are flesh and blood linked." Marx once said that farmers are like a bag of potatoes. How to effectively organize and give play to the power of the vast number of farmers requires the concentrated study of Marxist classic writers. The Communist Party of China organizes and leads the revolutionary war and wins on the basis of effectively safeguarding and fighting for the interests of the people. It can be seen that the Communist Party of China is the representative and loyal defender of the people's interests. In the process of building and developing socialism with Chinese characteristics, under the guidance of Marxist scientific theory, the Communist Party of China has resolutely and earnestly supported the interests of the people, stood with the people, effectively combined the aspirations of the broad masses of people for a better life with the leadership of the party, met the needs of a better life while leading the people to develop, and jointly promoted the modernization of socialism with Chinese characteristics.

Adhering to the people-centered value concept is an important standard for the party to always maintain its progressiveness. Taking the people as the center is not an empty word. It is really reflected in the implementation of the interests of the people and the practice of governing the country. In terms of governing philosophy, the Communist Party of China adheres to building the party ideologically, sublimates the people-centered concept into the party's original intention and mission, and condenses the spirit. In the ideological unity of the whole party, it emphasizes practicing the original intention, living up to the core meaning of the people, highlights the party's value concept of always taking the people as the center, and rises to the party's governing concept to effectively represent the fundamental interests of the people. In the practice of governing the country, we should give full play to democracy, keep close contact with the people and accept their supervision. In the face of the contradiction between man and nature, the concept of people-centered should be effectively brought into play to deal with the relationship between man and nature, and the concept of nature that man and nature share a common destiny should be established. In the fight against the epidemic, we earnestly practiced the value concept of putting the people first, put the lives and property of the people first, and effectively organized, coordinated and mobilized all forces to fight the epidemic.

4.2. Improve the Cooperative Education Mechanism among Families, Schools and Society

Build an educational network between family, school and social education. Family education is a hub connecting schools and society, a warm harbor for everyone, and parents are important teachers in life. Character and temperament in one's life are acquired, and the so-called "acquired cultivation" focuses on family education. It can be seen that family education is the most important thing in life, and when people grow up to a certain age, they will receive regular general education in schools. After receiving compulsory and quality education, they will enter the society and start to find ways to realize the value of life. The most important thing is to realize people's free and all-round development in labor practice. Firstly, it actively creates a harmonious environment in a family to promote the all-round development of children. As the

saying goes, "those who are close to Zhu are red, those who are close to Mo are black." This shows the impact of atmosphere on human development, which is enough to deeply affect one's physical and mental development. Actively creating a harmonious family atmosphere is conducive to one's feeling the warmth of love in the process of growth, so that one's personality can develop healthily. Secondly, parents' words and deeds affect children's attitude towards life and judgment of values. Finally, the overall social environment will create a positive atmosphere for the realization of people's free and all-round development. It plays a vital role in children's comprehensive development in the future. Families attach importance to the investment in children's education, aiming to let children learn more knowledge and skills, so as to promote the development of personality and their free and comprehensive development. The process of people's free and all-round development is the process of constantly improving their own abilities, and school education plays an extremely important role. Human's satisfaction in survival material is the necessary condition for survival, then the pursuit and development of spiritual life. On the one hand, schools should pay attention to the simultaneous development of exam-oriented education and quality-oriented education. While imparting knowledge, the school also applies humanistic literacy to influence everyone's ideas, runs quality-oriented education through exam-oriented education, and enables every individual to develop in an all-round way. On the other hand, teachers should optimize school teaching methods and programs, and shape a new model of people's all-round development. When drawing up teaching plans, schools should add more humanistic factors and labor practice education, aiming to improve the knowledge reserve while paying attention to the continuous cultivation of morality, intelligence, sports, labor and art, that is, to implement the "quality integration" construction, so that everyone can achieve comprehensive development in school education.

Educational practice aims at promoting people's free and all-round development. Both physical education and psychological education should be paid attention to, and they should complement each other. In the process of human development, the education should include two categories, namely physiological education and psychological education. Encouraging education, striking education and traditional stick education all pay attention to the single dimension of human development. In the process of education, we should master the laws of human growth and development and the state of psychological development. After making good preparations for these prerequisites, we can harvest knowledge and self-cultivation in educational practice. Through the overall universal education, people's potential in all aspects is enhanced. In the case of the overall improvement of people's own quality, people's free and all-round development is pursued in the pursuit of labor education and quality education. After education enables individuals to have knowledge and accomplishment, it combines theory and practice to truly apply what they have learned, develop in learning, and progress in practice, so that individuals can be fully exercised in social practice, so as to better realize people's free and all-round development.

4.3. Cultivate Free and Independent Ideal Personality

Shaping a free and all-round ideal personality is of great significance. On the one hand, receptive attitudes should be cultivated. In the process of development, people should not only accept themselves, but also something outside. They should recognize their own value, recognize the existence of others, and learn to share. On the other hand, modern society is an era of information explosion, and the foundation of modern civilized personality cultivation is based on scientific and technological information and economic development. In the process of accepting the changes brought about by scientific and technological progress, people themselves unknowingly improve their ability, change the one-sided development situation, adapt to the new changes in the environment faster, and are willing to change the original

characteristics, adapt to and create a new development mode. This is also an objective factor to promote human development, so as to overcome the shortcomings of one-sided development and achieve human free and all-round development. Under the guidance of the thought of socialism with Chinese characteristics in the new era, the socialist market economy with Chinese characteristics has greatly developed the productive forces, and the advanced socialist culture has created the cultural concept of "people-oriented" and the new normal of ecological civilization of harmonious coexistence between man and nature. As an independent individual, under the cultivation of actively accepting the advanced socialist culture, people can promote a better development of individuals and cultivate the ideal personality of freedom and independence in the new era. Therefore, in the period of moving toward a strong socialist modern country, adhering to the people-centered development orientation on the basis of vigorously developing the productive forces is to continuously promote the free and all-round development of everyone while meeting the needs of the people for a better life.

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