

Research on the Elements of Ideological and Political Education in Social Practice, Voluntary Service, Practice and Training

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Abstract

Xi Jinping pointed out that the foundation of University's establishment lies in virtue and morality. In the new era, higher education has put forward new requirements for moral education. It is an important topic for us to carry out various forms of Ideological and political education. Social practice, voluntary service and practical training activities are the key links and components of Ideological and political work in colleges and universities. This paper studies the ideological and political education elements from the perspective of social practice, voluntary service and practical training, so as to give full play to the value of Ideological and political education.

Keywords

Ideological and Political Education; Social Practice; Volunteer Service; Practice and Training.

1. Introduction

In recent years, with the rapid development of higher education in China, the ideological and political education of college students is highly concerned. It is expected to cultivate students to form positive and healthy values and outlook on life, and fully meet the needs of China's socialist construction and development. Ideological and political education for college students not only stays in the classroom of Ideological and political education, but also has new forms and new requirements in the new era. It is of great significance to actively carry out the ideological and political education integrated in social practice, voluntary service and practical training activities.

2. Social Practice is an Effective Carrier to Strengthen Students' Ideological and Political Education in the New Situation, and it is One of the Most Direct and Vivid Forms to Improve Students' Ideological and Political Quality and Moral Quality

Social practice is an important way of Ideological and political education for college students. It is an effective carrier to strengthen students' Ideological and political education in the new situation and the most direct and vivid form to improve students' Ideological and political quality.

2.1. Establish a Correct World Outlook, Outlook on Life and Values

The establishment of correct world outlook, life outlook and values require college students to understand, understand and revise them by integrating into the society. Social practice can help them get rid of unrealistic ideas in the process of contacting with the society, cultivate a down-to-earth style, use dialectical materialism, consciously carry out self-education, self-management and self-service, establish a correct world outlook, outlook on life and values, and

truly achieve "a new generation with lofty ideals and firm beliefs, A new generation with high moral character and strong will, A new generation with broad field and rich knowledge, and a new generation with pioneering spirit and hard work. As a pharmaceutical college, through social practice, pharmaceutical students can deepen the mission and significance of their major and future career for the healthy development of human society. While establishing a correct world outlook, outlook on life and values, they can better help pharmaceutical students understand the mission and responsibility of "precision industry" and "helping the masses".

2.2. Cultivating College Students' Sense of Cooperation and Team Spirit

An important content of higher education in the new era is to teach students to learn to survive, learn to cooperate, learn to develop, and improve and strengthen their team spirit and cooperation consciousness to adapt to the times and social development [2]. In real life, due to various reasons, especially the impact of the information age and the increase of the proportion of one-child and other factors, students' team spirit and sense of cooperation are relatively weak. Organized social practice activities usually take the team as a unit to accomplish a set goal together. Every member of the team must cooperate with each other and work closely to complete the task effectively. In the process of completing the task, through a period of team life and work together, students can develop a sense of cooperation and team spirit, and realize the importance of cooperation and collective. Especially in medical colleges and universities, we study and analyze how to cultivate college students' sense of cooperation and team spirit through social practice. At the same time, we should start from reality and carry out targeted social practice in combination with the specific situation of colleges and universities.

2.3. Promote College Students to Increase Their Ability and Enhance Their Sense of Dedication to Society

College students in social practice, through independent design of practice program, extensive communication with people from all walks of life, summary of practical results and a series of practical problems, to promote students' in-depth thinking, comprehensive analysis, inspire inspiration, change the situation of College Students' passive acceptance of knowledge, lack of practice opportunities, so as to improve their cognitive ability, choice ability, social activity ability, and so on Independent work ability, social adaptability, creativity and so on. Through social practice, students can have the opportunity to independently carry out a work, complete a project and complete a set of processes. Different from the usual classroom environment in school, it can realize the learning experience of "flipped classroom" in social practice. To stimulate students' subjective initiative to the greatest extent, of course, it will also help students expose the lack of knowledge, ability and interpersonal communication. Under the guidance and help of the tutors, they can solve problems in time when they encounter problems, and make up for their shortcomings when they find their own shortcomings, so as to help students grow their talents in social practice and cultivate their independent, sunny and dedicated mentality and spirit.

2.4. Closely Combined with Professional Knowledge, Promote the Learning of Professional Knowledge

Through the social practice combined with professional characteristics, students can find themselves, exercise themselves, combine learning with application, actively transform knowledge into their own ability, and improve the application level of professional knowledge. It is necessary to actively guide students to improve their own skills for practice through the study of professional knowledge in the first classroom, and to find out and make up for the deficiencies in the process of social practice, so as to form a virtuous circle of study practice relearn practice [3]. Therefore, in organizing social practice activities, we should carry out professional practice activities in combination with the professional characteristics of

pharmaceutical students in selecting activity items and determining specific contents, so that students can apply what they have learned, deepen their understanding and mastery of professional theoretical knowledge, and build a social platform for the improvement of professional ability“ Only in the face of specific problems in practice, can we urge college students to rethink the knowledge they have learned, boldly raise questions, have a clearer learning purpose, stronger learning motivation, and master the relevant knowledge and ability more quickly and firmly. Taking our university as an example, as a professional college with pharmaceutical characteristics, social practice often combines with its own professional characteristics and carries out student practice activities jointly with biomedical enterprises, hospitals and scientific research institutes.

3. Analysis of the Role of Social Voluntary Service in the Ideological and Political Education of College Students

Social voluntary service itself has a good educational value. It can be organically integrated with the ideological and political education of college students, and promote students to establish correct values and outlook on life. It can not only guarantee the healthy development of students' body and mind, but also create more values for the society, so as to improve the overall efficiency of Ideological and political education of college students. In order to give full play to the value of social voluntary service in the ideological and political education of college students, we need to fully understand the important role of social voluntary service in the ideological and political education of college students, understand its existing influencing factors, so as to take scientific and reasonable measures to strengthen, and realize the integration development of social voluntary service and ideological and political education of college students.

Under the influence of instrumental rationality, traditional ideological and political education is based on the social standard, starting from the needs of the country and society, and takes one-dimensional external indoctrination as the main means, but does not pay enough attention to individual needs. It should be said that this kind of education has played a certain effect in the period of relatively stable social formation. However, with the relatively diversified development of society, this kind of indoctrination moral education has become more and more unsuitable. As the object of Ideological and political education in colleges and universities, college students have been passive education objects for a long time. As the "receiver" of Ideological and moral and social norms, this kind of Ideological and political education that ignores the individual needs of college students weakens and weakens, this will inevitably lead to the weakness of College Students' subjective consciousness and their "loss of subjectivity". Therefore, the return of subjectivity is not only the individual requirement for the all-round development of college students in the new period, but also the social requirement for colleges and universities to implement the people-oriented concept and improve the effectiveness of Ideological and political education in the new period. The vigorous rise of College Students' voluntary service activities responds to the requirements of the development of the times, and has become an effective way to highlight the subjective demands of college students [4].

3.1. Voluntary Service Activities Help to Enhance the Subjective Consciousness of College Students

Subjectivity consciousness is the key to the confirmation and development of subjectivity, including individual's cognition and awakening of subjectivity, self-regulation and self-control of self-activities, and a kind of self-consciousness of self-existence value evaluation. It is the reaction of subjectivity, creativity and dynamic construction in subjective consciousness. The voluntary service of college students has a positive role in promoting their subjective consciousness.

First of all, the value concept of "people-oriented" in voluntary service highlights the core spirit of subjectivity. The subject of voluntary service activities is people, and the object of its service is also people or the society composed of people. The emergence and development of voluntary service itself is based on the concept of "people-oriented", which reflects the respect for people and the recognition of people's existence value. It is based on the recognition of the concept of "people-oriented" and the value of human existence that college student volunteers can voluntarily participate in the action of serving others and society. At the same time, the motivation of this participation also comes from the correct understanding of their own value. Only when we have a correct understanding of the dialectical unity between ourselves and society, and the true significance of realizing the value of life, can we have such participation and dedication [5]. The core idea of College Students' voluntary service is free dedication, which constructs the logic system of "I am for everyone, everyone is for me", practices the value requirements of "people-oriented", promotes the initiative and consciousness of young college students to serve the society, and advocates the new era and social fashion. Through the organic combination of offering love and serving the society, the value of individual life has been realized and sublimated, which is conducive to the formation and development of College Students' subjective consciousness.

Secondly, the practical orientation of voluntary service highlights the essential characteristics of subjectivity. Practicality is the basic point of Marxist philosophy. According to Marxism, human subjectivity is human practicality. Only in practice can human demonstrate their own subjectivity characteristics of autonomy, self-reliance and freedom, and embody their creativity and initiative. In essence, college students' voluntary service is a practical form for college students to understand and transform the world. Through voluntary service, college students can establish a positive interaction with the society, which is beneficial to both sides. On the other hand, through their ability to make their own contribution to the society. It can be said that college students' voluntary service has aroused their inner enthusiasm and initiative, guided them to realize, educate and improve themselves in practice, transformed the subjective world as well as the objective world, and constantly improved their subjective consciousness in practice.

Thirdly, the satisfaction of the needs contained in voluntary service highlights the basic goal of subjectivity. Both Marx's macro need theory and Maslow's Micro need theory believe that need is the basis and starting point of all human cognitive and practical activities, and the internal driving force of people's psychological activities and behavior. The so-called need refers to the internal state of the subject's desire and desire for a certain goal, which is the psychological basis and internal driving force of motivation. People's subjectivity is based on people's practical objects and the needs of people's own development [6].

College Students' voluntary service meets the needs of social development and the characteristics of contemporary youth, meets the needs of College Students' self-realization, organically combines the social needs with the needs of college students, fully meets the needs of individual realization of college students while serving the society, pays attention to the self-potential of each college student, and respects the internal needs of college students, Concerned about the growth and success of college students, so that college students in the voluntary service to obtain self-experience, education, motivation, evaluation and improvement opportunities, their own subject consciousness is constantly enhanced.

3.2. Volunteer Service is Helpful to the Cultivation of College Students' Subjective Ability

The ability of subjectivity is the ability of the subject to control the external world actively and promote the actual development of his moral ability, so as to make his subjectivity develop continuously. The development level of subjective ability reflects the subject's understanding

and grasp of the external world. With the development of students' subjective ability, they can change from passivity to initiative, from passivity to positivity, From Heteronomy to self-discipline.

First of all, voluntary service implies college students' correct cognition of people and society. According to Marxism, man is a kind of "quasi existence", that is, man is a kind of social existence [7]. Personal growth and development, must constantly draw from the society "nutrition", but also must use their own ability to contribute to the progress of society. This kind of correct cognition is constantly verified and developed through the form of social practice of voluntary service.

Secondly, voluntary service implies the selectivity of College Students' behavior implementation. The activity of subject is a kind of selective activity, and its goal, means and way are all the results of active choice. From "what to do" to "how to do", voluntary service is the result of College Students' active choice. College students often take part in volunteer service activities and choose service fields according to their own specialties and interests. It is this choice that makes voluntary service connect the needs of college students to realize their own value with the needs of society.

Thirdly, voluntary service contains the creativity of college students. If choice is a passive acceptance of the possibility of reality, then creation becomes a transcendence of reality, which is the external manifestation of subjectivity. In the process of the implementation of voluntary service, college students can use what they have learned to create new problem situations according to the needs of the recipients. Through the explanation and solution of the problem situations, their ability is constantly improved. The creativity in this process also makes their subjectivity constantly play and improve.

3.3. Voluntary Service is Helpful to the Formation of College Students' Subjective Personality

Psychology believes that "personality is an individual's internal tendency in behavior, which is manifested in the integration of ability, temperament, character, needs, motivation, values and physique when an individual adapts to the environment. It is a self with dynamic consistency and continuity, and a unique physical and mental organization formed in the process of socialization." [8] Subjectivity is the most important characteristic of personality. Subjectivity personality refers to the type characteristics of people with "initiative, independence, sense of responsibility and spirit of cooperation". The commonness of this type is "an active, non-compliant and non-conservative" mental state, which plays a great role in giving play to the main role of students and cultivating innovative talents. College Students' volunteer service is based on social welfare, advocating dedication and altruism, which has become an effective way to promote volunteers' personality and self-worth.

First of all, the voluntary nature of voluntary service affirms and enhances the sense of autonomy of College Students' individual life. Voluntary service emphasizes voluntariness, which is a kind of self-choice without external pressure and reflects the purity of participation motivation. College student volunteers can voluntarily participate and design according to their own interests, which becomes a kind of independent behavior of college students in pursuit of loftiness.

Secondly, the participation characteristics of voluntary service strengthen and consolidate the sense of social responsibility of college students. Social responsibility is an individual's obligation to the whole society and one of the most valuable qualities of contemporary universities. On the one hand, Universities students use actions to help others and serve the society. On the other hand, the positive evaluation of the society, in turn, strengthens and stimulates the promotion of College Students' sense of social responsibility.

Thirdly, the group characteristics of voluntary service cultivate and develop the spirit of cooperation of college students. The vast majority of organized channel service projects, from the perspective of service, require multi-level participation, which cannot be completed by a single volunteer. For example, volunteer service for many large sports events requires thousands, even tens of thousands, hundreds of thousands of volunteers to work together. In a sense, volunteer service is often a kind of group action, which requires the team cooperation and division of responsibilities of volunteers. The spirit of cooperation is an important feature of subjective personality.

Therefore, the characteristics of the value guiding function of volunteerism to sound personality are as follows: first of all, it does not expound the value of life from a purely utilitarian point of view, but more emphasizes the interpretation of sound personality from the inherent meaning of human life and human nature. Second, it is not from the personal, partial and immediate interests to guide people to carry forward the spirit of volunteerism and participate in voluntary action, but from the perspective of social responsibility and civic obligations. Third, it does not only emphasize the significance and value of volunteerism at the conceptual level, but also emphasizes voluntary action under the guidance of volunteerism, that is, it emphasizes the unity of knowledge and action.

4. Analysis on the Role of Practical Training Activities in the Ideological and Political Education of College Students

Students leave school to practice in enterprises, showing completely different ideological characteristics from those in school, some do not agree with the significance of internship and internship post, some do not adapt to the new job, and their emotions fluctuate greatly. In order to ensure the smooth progress of practice and training, the school must do a good job of Ideological and political education of interns, and explore effective methods and systems of Ideological and political education of interns.

Internship is a complex work involving enterprises, schools, teachers, students and parents, which is related to study, work, transportation, life and safety. It is very important to do a good job in Ideological and political education of post interns for the teaching reform and development of colleges and universities. To do a good job in Ideological and political education of interns is the main way to improve the teaching effect.

The main goal of modern higher education is to cultivate high-quality comprehensive talents, and practice is an integral part of the teaching plan. The practice teaching in colleges and universities can not only be carried out in the classroom, laboratory or simulation state. real, With the authenticity of the post, the complexity of the working environment, and the comprehensiveness of work experience, practice training has become an indispensable part of the practical teaching system and plays an irreplaceable role in the process of talent cultivation. In order to ensure the effective and orderly practice, ideological and political education is the key work. Only by making students realize the importance of internship, love their jobs and complete the tasks of internship and training on schedule can the internship be completed smoothly and effectively. It never achieves the goal of improving students' professional skills, cultivating students' good professional character and helping students to work "zero distance" after graduation.

5. Conclusion

To be sure, as far as ideological and political education is concerned, it has rich connotations and forms of expression. In the new era of higher education, the ideological and political education for college students is not limited to the daily classroom teaching, and the case-based

ideological and political education mode is not the only choice. By expanding teaching channels and Integrating Ideological and political education into social practice, voluntary service, internship and training, we can deepen the ideological and political awareness of college students in essence, Improve personal comprehensive quality.

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