

## **A Preliminary Study on Integration of Ideological Political Courses into Dance Courses**

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### **Abstract**

Exploring the ideological and political education in the new era is of great practical significance to the ideological and political education of college dance professionals. Leading by the required courses offered by college dance majors, the article gives full play to the value of ideological and political education of the curriculum, and explores the feasibility of infiltrating the curriculum into the ideological and political curriculum in terms of ideological and political resources and the advantages of ideological and political education of the curriculum, which can fully implement the ideological and political concept of the course, practice cultural confidence, and realize the cultural consciousness of dance professionals.

### **Keywords**

**Dance; Class; Course Thinking and Politics.**

### **1. Introduction**

Since General Secretary Xi Jinping put forward important conclusions on ideological and political education, a wave of curriculum ideological and political construction has emerged in professional discipline teaching in universities, with remarkable results. Curriculum ideological and political teaching has provided guiding ideology and methods for the implementation of professional discipline teaching to cultivate people by virtue. From the perspective of knowledge choice, college dance professional teaching to realize innovation, must realize the course, through course, mining emotion, culture behind dance, prompting students to become social development talents, so the simple analysis of the course, and with aesthetic education as the breakthrough point, explore the strategy of dance professional teaching innovation.

### **2. Dance Classroom Integrates the Educational Value of "Curriculum Thinking and Politics"**

The implementation of the dance classroom integration into the "curriculum ideological and political education" needs to clarify the ideological and political education value of the curriculum, by tapping the ideological and political resources implied in the curriculum, and utilizing the potential ideological and political education advantages of the curriculum, so as to better implement the all-round ideological and political education of the curriculum. "Cultural confidence" as Xi Jinping new era of socialism with Chinese characteristics at the core of cultural thought, is a national group in psychological, thought and spirit of the history of the material and cultural achievements affirmation and recognition, is also a national, national and party to their own value orientation. Based on this, this paper focuses on "cultural confidence" and analyzes the ideological and political education resources of traditional culture, revolutionary culture and socialist culture in the "History of Chinese Dance" course.

### **2.1. Root of Cultural Confidence --Traditional Cultural Resources**

The extensive and profound traditional Chinese culture is the crystallization of the civilization of thousands of years in China. In recent years, the role of the excellent traditional culture of the Chinese nation in ideological and political education has attracted more and more attention, and people regard traditional culture as the source of power to realize the "Chinese Dream". The ideological essence of the ancient sages in traditional culture, the exquisite skills of cultural heritage and even the lifestyle of folk customs are all the civilized forms created by the Chinese nation by following the law of beauty in the social practice of transforming the objective world. Throughout the history, countless traditional cultural resources, implicit in the history of Chinese dance, are also vast. Unfortunately, we go deep into it and do not know it. Therefore, it is an important step to explore the enduring traditional cultural resources in the history of Chinese dance, inherit and carry forward the traditional culture, and enhance the recognition of the traditional dance culture in the cultivation of dance professionals, and also the goal of the younger generations to make great efforts and govern.

### **2.2. Soul of Cultural Confidence --Revolutionary Cultural Resources**

As a product of human social practice, dance is a physical rhythm that follows the psychological portrayal of human thoughts and emotions. It also once became a spiritual symbol, retained in the social activities in various periods of history. The thoughts expressed by dance artists depend to some extent on the spiritual content of social ideology, and transmitting ideas in the form of dance is an important spiritual means that cannot be ignored at any period. The political orientation of "people-centered" in China's dance cause has formed the value pursuit of "dancing for the people" in Chinese contemporary dance and contemporary dance creation, and led the development of dance culture with the revolutionary spirit. The cultural confidence achieved by revolutionary culture is the national spirit of the Chinese nation reborn through disaster. It is the historical memory that keeps flowing in the blood of every Chinese child and grows in the bones, and it is the spiritual pillar of contemporary dance creation.

### **2.3. Cultural Confidence Way --Social Advanced Cultural Resources**

The construction of contemporary dance culture is based on the construction of dance discipline with Chinese characteristics based on the historical foundation. Dance in history is the foundation of contemporary dance form and a powerful driving force to promote the development of dance. Since the founding of the People's Republic of China, with the gradual improvement of the cultural system, some extraordinary achievements have emerged in the dance cause of socialism with Chinese characteristics. Dance theory and practice from construction to reconstruction more fine, different styles of dance variety, dance culture spread and communication is more frequent, the pattern of dance theory research gradually mature, dance discipline in various fields, are rooted in the socialist system, the great progress of dance culture. While dance culture complements the new era, we recognize that other disciplines related to dance are infiltrating each other, extending greater space to study the connotation of dance culture, but also face great challenges. Nowadays, in the diversified trend of China's dance cause, there is also no lack of fraud and eager for quick success and instant benefits, which we need to pay attention to. In the face of advanced socialist cultural resources, getting familiar with the current literary and art policies, and understanding the cutting-edge dynamics of relevant disciplines is a vision for the future development of dance cause. The path of cultural confidence is in generations of pioneers in practice, the future dance culture prospects to fall on the reliable successor, need generation after generation of responsible, responsible dancers as the lighthouse of professional development, protect the existing Chinese dance achievements, create Chinese culture in the way of dance, practice in cultural consciousness, make cultural confidence go more steady, more open prospects.

### **3. The Dance Classroom Integrates the "Curriculum Ideological and Political" Strategy**

#### **3.1. Combine Knowledge Teaching with Value Guidance**

In the process of dance teaching, we should find the compatibility between professional knowledge and skills and ideological and political elements, dig into its value connotation, give play to the uniqueness of the art of dance, take emotion as the main orientation, and lead the value of "truth, goodness and beauty" from "outside" to "inside". Dance art is a comprehensive art, Expression with its unique body as a medium, Decided its "longer than lyricism, clumsy than narrative" characteristics, From this, Emotional sex as one of the main characteristics of the dance, It is easier to put ideological and political elements rationally and imperceptibly into the process of dance teaching, The focus is to be able to grasp the knowledge and skills of dance and ideological and political value guidance, Starting from the external limb expression of the dance, Start with the emotional motivation, Implement the value guidance in the invisible, And really touch the heart of the students for the "true, good, beauty" desire, internalize the aesthetic requirements of dance to students into the students' ideological realm, Put your own life pursuit towards a conscious aesthetic life, "An Aesthetic life is a poetic life, Life of creation, life of love ", Improve your realm of life, Expand their own "weather" and "pattern", Consciously practice the core socialist values, Integrate the little me into the big me, Get out of "self", View the world with an aesthetic eye and an aesthetic mind, Luminates the living world of all things, Really achieve the value of the guidance to the students, Back to the spiritual home of humanity.

#### **3.2. Build a Benign Ideological and Political Teaching Environment Starting from the Curriculum**

Dance art education has its own unique educational rules, which is the teaching process in physical practice. It takes physical skills as the main body and runs through all links of dance teaching activities. Therefore, we should grasp the law of dance teaching itself and carry out an orderly and benign ideological and political teaching environment, so as to achieve the harmonious relationship between the integration of body and mind in the learning process. In the process of traditional dance teaching, teachers usually focus on the students' body training and construction, all the center of gravity on the action surface, at the same time in the process of focusing on student action will unconsciously "tool", and form an too serious or even depressed teaching environment, this is not conducive to promote dance teaching, let alone on the basis of the "curriculum" related elements teaching. So in the dance teaching process, Teachers should pay more attention to the nature of dance art, -- expression of emotion and cultural regeneration, Create a democratic, relaxed, lively and comfortable teaching environment whenever possible, This is more conducive to the knowledge absorption of students of higher learning and the establishment of their own independent thinking ability, While paying attention to the movement body, teachers also emphasize the cultural connotation behind the movement, To lay a solid environmental foundation for the infiltration of ideological and political education, Appropriate into ideological and political education in such a teaching atmosphere, Proceed in an orderly way and step by step, From the table and the inside, On the basis of emotional experience, we will stimulate the ability of contemporary college students to actively explore and study independently, So as to improve the students' initiative to learn ideological and political knowledge elements, It is conducive to the penetration of ideological and political education content, To create a "curriculum ideological and political" content, teachers take the initiative to teach, A new benign and interactive teaching ecology that students are willing to learn.

### 3.3. Innovative Thinking on Dance Major Teaching under Ideology and Politics

Dance has four characteristics, the first, dance has the dual auditory and visual nature. Whether it is to perform dance or dance creation, we need to pay attention to the visual beauty presented by dance and the special auditory effect created by music, so as to impress the audience. Second, dance is a complex body language art. Excellent choreographer or dance performers must fully understand and master the characteristics of various dances, and be good at discovering and accumulating materials in all aspects of life. Third, dance is an abstract emotional extraction art, which must create a situational atmosphere of emotional expression. Fourthly, dance is an illusory stage art, which must comprehensively present the visual effect of dance through costume, chemistry, Taoism and stage design. Based on the four characteristics of dance, in order to ensure the rationality of dance teaching innovation under the ideological and politics, the author suggests taking the following teaching mode. With the professional practice of + ideological and politics to promote the innovation of dance professional teaching. In order to ensure the effect of professional practice, should continue the network teaching mode, in this mode, the students are required to learn to do things, so teaching focuses on teaching content theme and ideological and political or excellent traditional culture content, carry out pre-class analysis research, class practice exploration, class practice teaching training. For example, with the red classic play "The Huanghe River" ;or dance drama "The Eternal wave" as the teaching theme, with the dance part as the teaching content, imperceptibly integrate professional practice teaching and ideological and political integration. In the process of network teaching, can encourage students to learn the cultural background, analyze its music accompaniment, analysis of specific performance stage layout, characters, etc., first in the emotion, cultural thoughts do depth understanding, and then follow the specific performance to imitate, and then create (attention must grasp the emotional or cultural connotation of the work). These should be completed before class and in class. After class, they mainly provide a practical stage for students to participate in various campus dance activities, club activities, and using these activities to let students play what they have learned. Of course, it is more important to create an appropriate campus dance culture, highlight the main body of students and teachers 'participation, and carry out dance education, creation and performance activities around the campus cultural life and students' spiritual outlook.

## 4. Summary

In the reform of "dance appreciation" aesthetic education curriculum, curriculum ideological and political education is not a burden, nor a form, but a teaching concept conducive to diversified teaching and teaching. Every class taught by teachers to students is not only a lesson, but a scientific attitude of scholarship, sowing the seeds of truth, goodness and beauty to the hearts of artistic aesthetic education with rigorous scholarship, with diligent in self-cultivation and dare to be the "guide" feelings. The guidance of students can be small to the truth of people, to the feelings of ideal and destiny with the country. Professor Ye Lan said, " To make the classroom full of life and vitality. From the perspective of life in the classroom, the classroom is a period of life time for teachers and students to spend." When students and teachers achieve the resonance of physical and mental mind in the cognition of beauty, the course thinking and politics will really be immersed in the heart, penetrate the blood, achieve the ultimate goal of artistic aesthetic education, and educate people in aesthetic education.

In the process of the reform and practice of dance teaching, Is a process of enhancing the affinity of ideological and political education, Is to lead students to experience "true, good and beauty", Feeling the common human feelings, Carry forward the practical practice of the value of life, It is doing the "education through fun" and "imperceptibly" advocated by art education, On this basis, it can achieve the teaching goal of aesthetic education and beautification, Optimize the

dance teaching curriculum system, reshape the new appearance of dance teaching with "humanized" thinking, Designs the teaching content and teaching link of dance art suitable for contemporary college students' talent training, Under the background of "curriculum ideological and political affairs" to realize the full education of dance teaching, All-round education, The whole process of education, In order to achieve the goal of cultivating people by virtue, Finally, a new pattern of "great ideological and political education" was constructed.

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