

Research on the Education of Chinese National Conditions for Overseas Students from North Minzu University from the Perspective of Building a Strong Chinese National Community

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Abstract

The consciousness of Chinese national community is closely related to national spirit, national identity and patriotism. National construction needs not only the strength of material technology, but also the strength of spiritual soft power. Carry out education on China's national conditions for foreign students has great significance, whether for foreign students or China's Higher Education, or the promotion of the country's soft power. With the orderly advancement of the internationalization of China's higher education, the education of foreign students in China has become an important part of China's higher education, the ideological and political education of foreign students has also become an inevitable requirement for comprehensively implementing the party's educational policy and serving China's diplomacy as a big country.

Keywords

Chinese National Conditions; Chinese National Community; China's Higher Education.

1. Introduction

With China's economic development and stable opening-up policy, China has become the largest destination for studying in Asia, the scale of foreign students in China has maintained steady growth, among them, one belt, one road, and the African region have the most obvious growth and growth in studying abroad. In the new era, the education of foreign students in China has become an important driving force in the process of internationalization of colleges and universities in China. At the same time, the motivation, learning needs, understanding and attitude towards China of foreign students in China have also changed significantly. In the process of education and teaching, they are important audiences for the international communication of "China Program", "China dream" and "Community of Human destiny", they may also become the most effective communication subject of these ideas. As the international disseminator of China's image and the international narrator of China's story, we should educate them about China's national conditions, enhance the understanding and understanding of foreign students in China, cultivate the ability of foreign students to tell Chinese stories well, this is not only an important foreign affairs work, but also an important part of International Education in Colleges and universities.

In 2010, the State Council issued the outline of the national medium and long term education reform and development plan, in Chapter 16, it is clearly proposed to "expand the opening of education" and "strengthen international assistance for education", "Further expand the scale of foreign students"[1]. The document pointed out that international exchanges and cooperation should be strengthened, high-quality educational resources should be introduced, students from developing countries should be subsidized, and the structure of students studying in China should be optimized. In September of the same year, the Ministry of education also promulgated the plan to study in China, it is clear that "by 2020, China will become the largest destination country for studying in Asia, In, the number of foreign students studying in

mainland universities and primary and secondary schools reached 500000, among them, the number of foreign students receiving higher education has reached the specific goal of "150000"[2].

In May 17, 2020, general secretary Xi Jinping wrote to all the students from University of Science and Technology Beijing in Pakistan, "China welcomes outstanding young people from all over the world to come to China for further study. We also hope that you can learn more about China, tell the world more about China you see, communicate more with Chinese young people, and work together with young people from all over the world to contribute to promoting people to people connection and building a community with a shared future for mankind.". The general secretary's reply not only conveys his love for the majority of foreign students, but also puts forward the hope and expectation for the education work of studying in China.

The consciousness of Chinese national community is closely related to national spirit, national identity and patriotism. National construction needs not only the strength of material technology, but also the strength of spiritual soft power. Soft power and hard power are equally important. Spirit and consciousness are not completely separated, but promote each other with material development, involving philosophy, culture, system, identity and so on. The national spirit community of multi-ethnic countries can more appropriately explain the national spirit contained in the consciousness of Chinese national community. This is because, compared with a country with a relatively single ethnic composition, the construction of a multi-ethnic state not only has more resources, but also faces more tasks. The essence of the multi-ethnic national spiritual community is the country in people's concept. Specifically, to China, it is the basis of the consciousness of the Chinese national community. National spirit community and Chinese national community consciousness include political identity, national identity, cultural identity, governance effectiveness identity and social identity. Foreign students in China are increasingly becoming a large and influential group, they play a great role in international people to people and cultural exchanges. Carry out education on China's national conditions for foreign students has great significance, whether for foreign students or China's Higher Education, or the promotion of the country's soft power.

In recent years, the education system of foreign students in many colleges and universities has undergone basically the same reform process, such as using multimedia assisted teaching means to increase the amount of teaching information and improve the learning interest of foreign students, pay attention to teaching discussion and interaction, and enhance the learning subject consciousness of foreign students. Compared with the traditional indoctrination teaching, it has achieved obvious teaching results, but it is not strong in the reform of teaching content system. Overall, the teaching contents are arranged in chronological order, and the teaching characteristics are not obvious.

The international student education of North Minzu University began in 2014. We recognize that the education on China's national conditions for foreign students in China is a curriculum education for foreign students with the main content of understanding and perceiving China. Foreign students studying in China should be familiar with China's history, geography, society, economy and other basic knowledge of China's national conditions and culture. They Understand China's political system and foreign policy, and understand the mainstream values and public morality in Chinese society, and form a good legal concept and moral consciousness. Based on this, the curriculum teaching reform of our school takes "China's national conditions education" as the guide to deeply summarize and refine China's excellent traditional culture, starting from the teaching content, reconstruct the education and teaching system of foreign students. In terms of teaching methods, based on continuing the current teaching method reform, we will focus on strengthening the practical teaching of foreign students' close participation in the investigation and investigation of Chinese history and real society. Taking

the course teaching of foreign students as a breakthrough, combine teaching and research, by studying China's practical problems, we can deepen our understanding of China's national conditions and truly reflect the practicality and reality of foreign student education. Through the course study, the theory and practice of foreign students are combined to cultivate their language thinking and expression ability, practical ability and ability to solve practical problems. Therefore, our school adheres to the concept of cultural education and integrates national condition education into all stages of foreign student training, combine the small school classroom with the large social classroom, through the construction of a national education system integrating classroom learning, cultural activities, social practice, public welfare services and other forms, guide foreign students to perceive China in multiple dimensions, and cultivate international students who know China, love China, and have cross-cultural and global competence. Over the past few years, our school has been seriously building a "three-dimensional" curriculum system in line with the educational requirements of foreign students in China, we should introduce not only China with characteristics but also China in an all-round way, we should introduce both ancient China and contemporary China, we should introduce not only China's economic and social development but also China's people and culture. And then we could show the world a true, three-dimensional, comprehensive, open and harmonious image of China.

2. Specific Teaching Methods

2.1. Make a Good Start and Pay Attention to the Starting Education of Freshmen

The education of China's national conditions should begin at the initial stage of foreign students coming to China. The school of international education of North Minzu University has established a series of safety legal education systems, and self-built freshmen introduction courses. When new students enter the school, relevant personnel inside and outside the school are invited to carry out detailed and targeted entrance education for new students studying in China. From Chinese laws and regulations to school history and school situation, from school rules and discipline to life guide, from personal safety to learning strategy, give comprehensive teaching and diversified explanations, and lead them to get familiar with the city of Kaifeng where the school is located and the internal and external environment of the school, guide them to use various public facilities, teach them to benchmark the code of conduct for international students, carry out detailed education and guidance, and improve the problem-solving ability of international students, help them integrate into our campus environment in the shortest time and buckle the "first button" of entering the school.

2.2. Attach Importance to Teaching and Give Full Play to the Role of Classroom Education

Classroom teaching is the most convenient and authoritative way for students to obtain knowledge, and it is also one of the main channels for foreign students to understand China. In the curriculum of national conditions education for foreign students, our school has set up compulsory courses such as comprehensive Chinese, Chinese overview, Chinese listening, speaking, reading and writing, as well as elective courses such as Chinese law, music, Chinese martial arts, calligraphy and poetry. The basic Chinese course is suitable for foreign students coming to China from a zero-starting point. Teachers have added a lot of Chinese national conditions and cultural content to the traditional Chinese course, making the learning of words and grammar vivid, this not only improves the interest of classroom teaching and allows foreign students to apply language knowledge points to life, but also cultivates foreign students' interest in further understanding China's national conditions through language teaching. At the same time, elective courses such as China Overview and Chinese traditional culture, Chinese martial arts and Chinese calligraphy are offered to all foreign students, among

them, the Chinese profile course selects textbooks closely combined with contemporary Chinese hot topics and traditional cultural inheritance, introduce China to foreign students from the perspectives of geography, history, politics, culture, contemporary China's development and foreign policy, the whole teaching content presents the keynote characteristics of "national conditions show culture and culture connect with national conditions". In the teaching process, heuristic, discussion, inquiry and other teaching theories will be integrated, in the form of flipped classroom, student display, teacher guidance, students' comments, collective discussion, topic selection composition, etc., help foreign students understand the breadth and depth of Chinese culture, experience the long history of China, understand the practical application of Chinese philosophy, feel the remarkable achievements of China's rapid development, and actively spread China's positive energy. At the same time, in order to better present Chinese traditional culture, our school has built a traditional culture training base "Chinese Culture Experience Center for foreign students" next to the teachers' office, which integrates teaching, experience and activities to serve the teaching work. The center is equipped with Chinese traditional culture experience activity software and rich physical activity props, it is an immersive place for Chinese cultural experience activities. The foreign students followed the teachers in various cultural experience activities such as Chinese calligraphy, piano and chess, tea art, food, cooking, opera and paper cutting, which effectively enriched their knowledge reserve of Chinese culture and enhanced their interest in understanding China's national conditions.

2.3. Organize Activities to Enrich Students' Extracurricular Life

The "second classroom" is an important carrier to cultivate the practical ability of foreign students and improve their ideological, moral and cultural quality. It is also an important supplement to the "first classroom" theory teaching. The "second classroom" activity with the theme of perceiving China is one of the international student brand activities created by our school. It aims to help international students broaden their horizons, expand cultural knowledge, increase learning motivation, and build an international student campus culture and urban cultural experience system through a series of cultural experience activities with Chinese characteristics. The specific content of the "second class" activity refers to encouraging foreign students to participate in a lecture on China's national conditions (current politics), a seminar on China's development path, a Chinese culture course, an essay or speech contest with the theme of "I and China", a Chinese culture experience activity and a social practice, make a good teacher and friend with a Chinese teacher or classmate and learn a Chinese skill. Since the implementation of the "second classroom" activity, our school has refined and implemented the activity contents one by one, with the active participation of foreign students. Our school has organized overseas students, watching "fierce, my country", "my motherland and I", "Red Sea Action", "fiery heroes", "King Kong Chuan" and other films, watching anti epidemic documentaries and other activities, activities such as "discover China" international student humanities lecture, International Student Exchange Association, contemporary China theme salon, and "world is different" national theme culture salon were held, the "story of China and me" essay and speech contest, "China in the eyes of foreigners" photography contest, Chinese cultural works exhibition of foreign students, Chinese style competition of foreign students, International Food Festival, etc. were held, lead foreign students into Zhenbeipu film and Television City, Ningxia Museum, Xixia King's Mausoleum Museum, Shuidonggou cultural site and Yellow River cultural style park; Visit universities and famous historical and cultural attractions in Shanxi, Shaanxi, Northern Shaanxi and Dalian. In the form of a series of activities linked inside and outside the school, the "second classroom" activity has created a new experience for the development of foreign students in China, intuitively displayed the development achievements of contemporary China and the sparks of Sino-foreign exchanges,

enhanced the sense of identity and belonging of foreign students in China, and accumulated a lot of materials for them to tell Chinese stories well.

2.4. Expand Practice and Deeply Perceive China

Off campus practice is an effective way for foreign students to understand Chinese society. The school of international education of North Minzu University has deeply integrated the education of foreign students into the overall national strategic plan. Based on the investigation of national education theory, reasonably plan the social practice activities of foreign students, and open a broader perspective for foreign students to perceive China by going deep into social enterprises, carrying out voluntary services, promoting exchanges between Chinese and foreign students, participating in skill competitions and recommending internships. Combined with the professional characteristics of foreign students, the university organizes students to visit and investigate, feel the spirit of Chinese craftsmen, perceive the rapid development of China's Internet industry and the hard power of China's scientific and technological development, organize foreign students to visit Chinese families and make Chinese friends for many times, participate in the Chinese competition for foreign students in the region, participate in the "China Arab forum National Youth Student Forum" and so on. Through visits, discussions and practice in various fields and levels, we can help foreign students go out of school and experience China's development achievements in many fields, to make their image of China as a responsible big country more intuitive, three-dimensional and comprehensive, so as to help China's foreign exchange work and the cause of Sino foreign friendship.

3. Specific Contents of Teaching Research

3.1. Entering China -- Natural National Conditions Education

Before coming to China, foreign students had very limited knowledge of China, and most of their initial impressions of China were "large population" and "large area". China's national conditions education should first let foreign students know China, preliminarily understand China's geographical location, administrative division, national population, historical, cultural and natural heritage, natural resources, festivals, solar terms and other knowledge, so as to form a more general impression of China.

3.2. Perception of China -- Education of Realistic National Conditions

With all-round development, China's GDP has leapt to the second in the world, and its comprehensive national strength and people's living standards have improved significantly. Foreign students living and studying in China have the most direct perception and experience of contemporary Chinese society. The key to carrying out realistic national conditions education for foreign students is to speak well about the development of contemporary China. We should introduce China's urban changes, smart life, modern technology, living customs, specialty food, music inheritance, film and television art, convey the most authentic, comprehensive and vivid image of China, and help students accumulate basic experience and skills in clothing, food, housing and transportation in China, Also focus on the latest development and new features of China change rapidly, and lead overseas students to learn about China's most modern signs, such as 5G technology, high-speed railway, e-commerce, Alipay, WeChat, shared bicycles, etc. Let them perceive and experience the great development achievements of contemporary Chinese society, objectively understand the life of today's China and Chinese people, enrich the life of studying in China, and lay a foundation for further understanding of Chinese culture.

3.3. Understanding China - Education of History and National Conditions

China is a country with a long history. The treasures of Chinese civilization represented by Chinese symbols such as Chinese characters, traditional Chinese medicine, Confucianism, Tang poetry and opera accumulate the deep spiritual pursuit of the Chinese nation and are also a typical image of our contemporary cultural soft power. The education of foreign students on China's national conditions should also pay attention to the historical and cultural accumulation and values behind the success of contemporary China, and cultivate foreign students' feelings of understanding Chinese thought and appreciating Chinese culture. Through the study of Chinese history, politics, ideology, art, science and technology, figures and other knowledge, foreign students can promote their comprehensive understanding of Chinese history, culture, philosophy and political system, at the same time, starting from the connotation of Chinese excellent traditional culture, it leads them to think and understand the deep connotation of Chinese culture, such as Chinese spirit, Chinese value and Chinese power.

3.4. Appreciation of China -- Comparative National Education

Foreign students in China are messengers of cultural exchanges between China and foreign countries. Telling stories with Chinese characteristics and contemporary characteristics, cultivating foreign students' awareness of cross-cultural communication, guiding them to combine "based on standard culture" with "looking at the world", and understanding the world significance of China's development and China's ideological value from a historical perspective is another important content of foreign students' education on China's national conditions. Around this educational task, we should focus on the contents of the current positive meaning of China's governing the country, interpret China's road of development with Chinese characteristics, and give Xi Jinping a good idea of China's socialism with Chinese characteristics in the new era. Tell the story of the Communist Party of China's governance of the country, the story of the Chinese people's struggle to realize their dreams, the story of China's adherence to mutual respect, peaceful development and win-win cooperation, and how China is committed to promoting the responsibility and diplomatic style of building a new type of international relations with win-win cooperation as the core, how to always be a builder of world peace and a contributor to global development. We should restore China's international image from multiple perspectives, show the world a China with peaceful development, civilization and progress, make foreign students in China personally feel the friendly enthusiasm and peace-loving desire of the Chinese people, deepen their understanding and recognition of China's basic national conditions, characteristic development path and contemporary Chinese values, and know, love and love China.

4. The Value of International Students' Education System in China's National Conditions

4.1. The Actual Needs of Foreign Students' Personal Growth

Foreign students come from all over the world. Their thinking mode and values are deeply influenced by their national conditions and culture. In addition, they have limited understanding of China before they come to China, and the social environment they contact is very different from their own country, which is very easy to produce the phenomenon of "cultural shock". Carry out education on China's national conditions for foreign students, help them understand and be familiar with China's basic national conditions and cultural knowledge such as geography, society and economy, guide foreign students to understand China's culture and values, and cultivate their knowledge, attitude and ability to recognize, tolerate and adapt to cultural diversity, so as to help foreign students integrate into Chinese society faster and successfully complete the college, Promote personal growth.

4.2. An Important Way for the International Development of Higher Education in Our University

With one belt, one road, the education of overseas students in our school has been growing and developing. Now it has entered an important stage of improving quality and increasing efficiency. Carrying out education on China's national conditions for foreign students and "telling Chinese stories" To them is conducive to cultivating high-quality talents with international vision, understanding and liking Chinese culture, being friendly to China and willing to take the initiative to act as messengers for Sino foreign exchanges, and promoting the connection between the people. This is of great significance to improve the education quality of foreign students and realize the educational value goal of internationalization, openness and characteristics of our higher education.

4.3. Strategic Needs to Enhance the Soft Power of Our University

Chinese excellent traditional culture is "the gene of the Chinese nation", "the blood of national culture" and "the spiritual lifeline of the Chinese nation", make it the source of the national spirit, provide a "spiritual home" for all Chinese in the world, make it find its own "gene", and effectively enhance national self-confidence, national pride and national cohesion. With the improvement of China's international status, more and more overseas learners come to China to study, International Chinese teachers should not only teach their professional knowledge and language knowledge, but also carry forward the excellent Chinese traditional culture while teaching their knowledge, lead foreign students to learn, love China and Chinese culture, and be willing to spread it.

International students in China are an active force in international exchanges and have great advantages in international exchanges and interconnection. They have both overseas growth experience and Chinese life experience. They are not only important witnesses of China's development, but also the protagonists of many Chinese stories, but also important disseminators of Chinese stories. Therefore, foreign students in China have more right to speak. In their eyes, China has better persuasion effect and is easier to be accepted and spread by their own country, which is far more convincing than China spread by mass media. Pay attention to the ideological work of the group of foreign students in China, cultivate international talents who know, love and love China, and let them become disseminators of China's national image, China is an envoy of friendly exchanges with foreign countries. This is not only the need to display the image of our university, but also an important strategy to improve the construction of our soft power [3][4]

5. Summary

With the orderly advancement of the internationalization of China's higher education, the education of foreign students in China has become an important part of China's higher education, the ideological and political education of foreign students has also become an inevitable requirement for comprehensively implementing the party's educational policy and serving China's diplomacy as a big country. Carrying out ideological and political education for foreign students in China is an important way to express Chinese ideas and spread China's strategy, a key link in the daily management of foreign students in China, and an effective way to promote the individual growth and personal cultivation of foreign students in China. Successful ideological and political education helps to eliminate international students' misunderstanding and prejudice against China and enhance their cognition and recognition of Chinese culture. The ideological and political education of foreign students in China has particularity and complexity. As the object of education, foreign students in China come from different countries and have different cultural backgrounds, religious beliefs and values. The

goal of Ideological and political work should be to cultivate the complex of "being close to China and friendly to China", let foreign students in China fully understand the development concept of socialism with Chinese characteristics in the new era, understand the socialist core values represented by "harmony, dedication, integrity and friendliness", and integrate into Chinese society faster and better. The ways of Ideological and political education for foreign students in China should be flexible, diverse, rich and diverse, express flexibly in the form that students are willing to accept and in words that are easy to understand, avoid one-way indoctrination, allow students to think freely and discuss widely, and guide students to learn to transpose thinking and cultivate good habits even if they encounter "sensitive problems" a cross-cultural attitude of respect, equality and inclusiveness. The ideological and political education of foreign students in China should be like spring breeze blowing on their faces and spring rain moistening things. Only in this way can we achieve tangible results. In the era of globalization, cross-cultural communication has a profound impact on the shaping of national image and the establishment of international discourse power. In the face of the complex international environment, great power diplomacy with Chinese characteristics needs strong soft power as support. Understanding China's national conditions, telling Chinese stories, spreading Chinese voices and showing colorful Chinese paintings are not only conducive to cracking the "China Threat Theory", but also replacing the "slogan" with "story", eliminating the alienation between cultures in the form of vivid narration, but also creating new ideas for the external communication of Chinese culture.

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