The Significance and Implementation of Labor Education for College Students in the New Era
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Abstract
General secretary xi jinping proposed that labor education should be included in the whole process of talent training, the spirit of labor should be promoted among students, and education should guide students to advocate labor, respect labor and understand the truth that labor is the most glorious, the most noble, the greatest, the most beautiful. However, in the long-term educational practice, the phenomenon of emphasizing knowledge inculcation over labor education has appeared in colleges and universities, and College students consider labor optional. This article starts with the lack of labor education in the new era and its impact, analyzes the importance of labor education to contemporary college students, and puts forward corresponding countermeasures from the two aspects of colleges and families, so as to help college students set up a correct view of labor.

Keywords
labor education; college students; implementation.

1. Introduction
General secretary Xi Jinping delivered an important speech at the 11th meeting of the central committee for comprehensively deepening reform, proposing to integrate labor education into the whole process of talent training, and made important instructions at the national education congress to promote the spirit of labor among students, teach and guide the students to advocate labor, respect labor, understand the labor is the most glorious, the most noble, the greatest, the most beautiful, stressing the importance of labor education once again. Under the new background of The Times, the promotion of labor education helps to create the spiritual power of advocating labor among college students and gather the strong positive energy of "labor holds up the Chinese dream", helps to output the characteristics of self-discipline and social commitment, actions speak louder than words, down-to-earth, and so on, to college students. At present, labor education in colleges and universities is in the status of "marginalization", and students tend to despise productive labor to varying degrees.

2. Contemporary College Students Need Labor Education
(1) With the rapid development of artificial intelligence, intelligent machines continue to meet or close to the actual needs of human beings, partly or completely commit the daily heavy physical or mental work for human beings, so as to meet the indolence preference of the majority of people. Stay away from war and labor is the normal life of modern people. With the progress of science and technology and the popularization of various artificial intelligence products, people do not need to work and think in most production and living fields, but only need to move their fingers and mouths to solve problems. In the process of gradually losing the opportunity to operate and work by themselves, they finally step into the dangerous situation of being controlled by science and technology.
(2) In recent years, the trend of youth subculture social thoughts represented by "depression culture" has become popular in society, which refers to a cultural trend formed by some young people born in the 90s and 00s who express or show their frustration on the Internet or in life due to the difficulties in life, study, career and emotion. The emergence and popularity of "depression culture" represented by "waste wood" and "ge you lie" is a miniature of the youth subculture in the new media era. It reflects the spiritual characteristics and collective anxiety of the current youth, and to a certain extent is a representation of the social mentality and social psychology of the youth in the new era, but in essence, it is a subculture of hedonism, opportunism, gain without pains, extravagance and indulgence that has been prevalent in the society for a long time. This obviously goes against the orthodox mainstream culture and directly challenges the image presupposition of young people as vigorous and positive. This has a great impact on the traditional labor ethics of our country and seriously affected the pursuit of socialist core values of young college students.

(3) Modern young people seek to release their social anxiety and dissatisfaction with reality through the virtual world, which includes animation, mobile game, soap operas, fantasy novels and other virtual worlds, so that people can get instant satisfaction under the anxious situation. Spiritual decay begets physical decay. The national health commission released the "core information and interpretation of health education for Chinese adolescents (2018 edition)", which sorted out and summarized the major health problems and influencing factors of adolescents, such as obesity, myopia and Internet addiction. It can be seen that the main causes of obesity, myopia and Internet addiction are inevitably related to the bad values such as getting nothing for nothing and enjoying nothing for nothing, which have a negative impact on the healthy growth of teenagers. If the youth is strong, the country will be strong. Just think, is there any hope for a nation that has "abolished the next generation"?

3. The Implementation Path of College Students' Labor Education

3.1. School Education

For college students, who spend most of their time in the school environment, school education will be the main way for them to receive labor education. Colleges and universities should strengthen the construction of labor education theory and grasp the core of labor education.

First of all, labor education should be included in the curriculum as one of the compulsory courses in colleges and universities, so as to clarify the status of labor education, formulate the curriculum implementation plan and form a mature curriculum and teaching system.

Secondly, labor education should be integrated into the study and practice of college students' professional courses, so as to strengthen the education of labor ethics and labor development trend.

Third, we should integrate labor education into ideological and political education. The main channel and the main position of ideological and political theory classroom should be well used to form the synergistic effect of moral education and labor education.

Fourth, labor education is integrated into the broad second classroom activities. We will comprehensively promote the combination of labor education with college students' social practice, voluntary service, innovation and entrepreneurship. Through various forms of labor practice, we will improve the comprehensive quality of college students and guide them to understand and sincerely recognize the truth that labor is the most glorious, the most noble, the greatest and the most beautiful.
3.2. **Family Education**

Family is the first school of life. Family education, especially parents' values, lifestyles and words and deeds, has a profound impact on the formation of children's ideological values. Therefore, parents have the responsibility and obligation to do a good job in family construction, and the education of Chinese traditional virtues and hard work with good family education and family style.

On the one hand, parents in front of their children not only to set a good example with practical actions, take the initiative to create a good family style, but also take the initiative to learn, educate and guide children with correct concept, leading children to fully realize that learning is important, but the quality of hard work and the spirit of hard struggle for their own development is more valuable.

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**References**


